# THE CATHOLIC COMMUNITY OF

# ST. PIO OF PIETRELCINA PARISH

68TH ANNUAL CARNIVAL OUR LADY OF POMPEII CHURCH GROUNDS



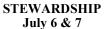
# JULY 23RD TO 27TH

# COME ENJOY OUR FAMOUS PIZZA!

FOOD BOOTHS open at 5:30pm

GREAT RIDES & WRISTBANDS EVERY NIGHT

Mass Intentions for the Week
SATURDAY, July 13 - Vigil – 15th Sunday in Ordinary Time
4:00pm OLOP + Pat & Anthony DiLungo
by Family
5:30pm SVDP + Pasquale DelMonaco by Family
SUNDAY, July 14 – 15th Sunday in Ordinary Time
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by Anastasio Family
9:00am SB + Richard Talbot
by Family
10:30am OLOP + Michael Santora
by Wife & Children
11:45am SVDP + Anna Goglia
by Family
MONDAY, July 15 - St. Bonaventure
8:00am OLOP + Ernest Lillo, Jr.
by Porto Funeral Home
8:00am SVDP + Fred Colloso
by Children, Grandchildren & Great-Granddaughter
TUESDAY, July 16 – Our Lady of Mount Carmel
8:00am OLOP + Terrence King
by Porto Funeral Home
8:00am SVDP + Bob Balasco
by Nick Cretella
WEDNESDAY, July 17 – Weekday
8:00am OLOP + Ralph Mauro & Patty
by Kathy Mauro
8:00am SVDP + Marie Bucci
by Family
THURSDAY, July 18 - St. Čamillus
8:00am OLOP + Barbara Kapusta
by Morning Mass Family
8:00am ST. B + Grace Hurley
FRIDAY, July 19 - Weekday
8:00am ST. B + Joyce Hutt
SATURDAY, July 20 - Vigil – 16th Sunday in Ordinary Time
4:00pm OLOP + William DiCrosta (2nd Anniversary)
by Family
5:30pm SVDP + Anthony D. Esposito
by Family
SUNDAY, July 21 – 16th Sunday in Ordinary Time
7:30am OLOP + Anthony & Adeline Monaco
by Scussel Family
9:00am SB + Paula Ann Marie Conte
by Family
10:30am OLOP + Frances Dammiller (Birthday)
11:45am SVDP + Thomas Culligan
by Wife, Elizabeth
by whe, Elizabeth



**Regular Collection** 

Monthly

\$10,727.00 \$4,051.00

Am 7:12-15/Ps 85:9-10, 11-12, 13-14 (8)/Eph 1:3-14 or 1:3-10/Mk 6:7-13

Is 1:10-17/Ps 50:8-9, 16bc-17, 21 and

Is 7:1-9/Ps 48:2-3a, 3b-4, 5-6, 7-8/Mt

Is 10:5-7, 13b-16/Ps 94:5-6, 7-8, 9-10,

Is 26:7-9, 12, 16-19/Ps 102:13-14ab and

15, 16-18, 19-21/Mt 11:28-30

Is 38:1-6, 21-22, 7-8/Is 38:10, 11,

Mi 2:1-5/Ps 10:1-2, 3-4, 7-8, 14/Mt

July 20 & 21 Second Collection: None

Thank you to the many of you who have been so generous and responsive in these difficult times.

23/Mt 10:34-11:1

14-15/Mt 11:25-27

12abcd, 16/Mt 12:1-8

11:20-24

12:14-21

#### SCRIPTURE READING

Sunday: Monday: Tuesday: Wednesday: Thursday:

Friday: Saturday:

> Holy Hour Come spend time in

the presence of Jesus.

Every Monday, immediately following morning Mass at Our Lady of Pompeii, there is one hour of **Exposition of the Blessed Sacrament.** 

#### **CONFESSION SCHEDULE:**

Our Lady of Pompeii: Saturday at 3:00-3:30pm

St. Vincent de Paul: Saturday at 4:30-5:00pm

## SILENCE.

Please, be mindful that many parishioners arrive early prior to the start of Mass in order to sit reflectively with the LORD in prayer. *Please, be mindful* of the level of your voice and that voices carry from the back of the church to the front. Please, maintain a subdued tone when speaking so that other's quiet time is not disturbed.

St. Pio of Pietrelcina Parish Address: 355 Foxon Road, East Haven, CT 06513 Phone Number: (203) 469-0764

Office Hours: Foxon Road: Mon-Thu 8:00-12:00 & 1:00-3:00; Fri 8:00-12:00 Taylor Avenue: Tue. & Thu. 9:00-1:00

> E-Mail: stpioofpietrelcina@gmail.com Website: stpioofpietrelcinaeh.com



#### 2025 MASSES -

Payment due at time of booking and is cash or check only.

Kindly have your Mass requests ready when scheduling. We will continue to have a <u>limit of 2 weekend Masses</u> per individual booking.

### FIFTEENTH SUNDAY IN ORDINARY TIME

# MINISTRY & EVENT CALENDAR

SUNDAY, JULY 14

#### No Events or Activities

MONDAY, JULY 15

Holy Hour - 8:30-9:30am in Our Lady of Pompeii Church

#### TUESDAY, JULY 16

Bible Study - 7:00pm on Zoom Contact Christine Sandford at 203-469-7823

Rosary Group - 8:00 pm on Zoom Contact Sally Mucka at 203-469-0764 ext. 8

#### WEDNESDAY, JULY 17

Bible Study - 6:30pm at SVDP Parish Office Contact Marie Connors at 203-468-1184

Carnival Volunteer Meeting - 7:00pm at Our Lady of Pompeii Hall

> Rosary Group - 8:00 pm on Zoom Contact Sally Mucka at 203-469-0764 ext. 8

> > THURSDAY, JULY 18

Scriptural Rosary - 7:00pm at OLOP Chapel Contact Sally Mucka at 203-469-0764 ext. 8

#### FRIDAY, JULY 19

Rosary Group - 8:00 pm on Zoom Contact Sally Mucka at 203-469-0764 ext. 8

#### SATURDAY, JULY 20

Men's Group - 7:30am-9:00am at SVDP Parish Center

SUNDAY, JULY 21

No Events or Activities

MONDAY, JULY 22

Holy Hour - 8:30-9:30am in Our Lady of Pompeii Church

#### TUESDAY, JULY 23 Carnival at Our Lady of Pompeii

Bible Study - 7:00pm on Zoom Contact Christine Sandford at 203-469-7823

Rosary Group - 8:00 pm on Zoom Contact Sally Mucka at 203-469-0764 ext. 8

#### WEDNESDAY, JULY 24 Carnival at Our Lady of Pompeii

Bible Study - 6:30pm at SVDP Parish Office Contact Marie Connors at 203-468-1184

Rosary Group - 8:00 pm on Zoom Contact Sally Mucka at 203-469-0764 ext. 8

#### THURSDAY, JULY 25 Carnival at Our Lady of Pompeii

Scriptural Rosary - 7:00pm at OLOP Chapel Contact Sally Mucka at 203-469-0764 ext. 8

#### FRIDAY, JULY 26 Carnival at Our Lady of Pompeii

Rosary Group - 8:00 pm on Zoom Contact Sally Mucka at 203-469-0764 ext. 8

#### SATURDAY, JULY 27 Carnival at Our Lady of Pompeii

Men's Group - 7:30am-9:00am at SVDP Parish Center

# Register by July 15<sup>th</sup>

# **BIBLE CAMP 2024**

AUGUST 5 – 9 9 am to 12:30 pm OLOP Church Grounds

Registration Forms can be downloaded on our website: https://stpioofpietrelcinaeh.com/religious-education/biblecamp/ or pick-up the forms at either office.

Return Forms with Payment to either office, mail to: St. Pio 355 Foxon Rd. E.H. 06513 or drop in Collection Baskets by July 15<sup>th</sup>. Contact: Sally Mucka at saintpio.rcia@gmail.com

or 203-415-2710

Featuring: A Visit from Mystic Aquarium's Live Creature Exhibit

Join our Adventure into the deep blue seas as we seek out the beauty of God's Creation and the Blessings that our Oceans provide for us.

# The Candles burn this week for these special intentions:

Our Lady of Pompeii Candles Sanctuary Lamp (Right Side) ~ In Memory of Billy Richmond & For All the Souls in Purgatory Sanctuary Lamp (Left Side) ~ In Memory of the Mauro & Elko Families Chapel ~ Albert Aponte by Elaine Sacred Heart of Jesus ~ Healing for Paula Our Lady of Perpetual Help Icon ~ Pascal Candle ~ Deceased Members of the Calamita, Hart, Surprenant & Zito Families

St. Vincent de Paul Candles

Sanctuary Lamp (Right Side) ~ In Memory of the Balzano & Avitable Families Sanctuary Lamp (Left Side) - In Memory of Ronald Paolillo Our Lady's Altar ~ Pasquale Esposito by Wife, Patricia St. Joseph's Altar ~ Anthony Parisi by Children & Grandchildren Pascal Candle ~ Barbara & Maurice Connolly

St. Bernadette Candles Sanctuary Lamp (Right Side) ~ Vincent Savo by Mom & Dad Sanctuary Lamp (Left Side) ~ Pascal Candle ~ Harold Donegan

#### PRAY FOR THE SICK OF OUR PARISH

Nick Vessicchio, Sally Ann Fallon, Lynette Ely, David T. Boyle, Richard Lucibello, Carmel Ferretti, Bryan Surprenant, Sharon Spadacenta, Marie Zambrano, Helen Langello, Brian Savo, Gerry Andrea, Alan Poirier, Connie Rasimas, Jane Pyka, Harry Clark, Lou DiNola, Geraldine Licciardi, Joseph Anyzeski, Fran Sofo, Elizabeth Kuen, Deborah Sanning, Paula Ferrara, Tina Marie Fionia, Joseph Parise, Frank DelGrego, Moira Ferguson, Danielle Joubert, Frances Polaski, Pauline Condon, Rose Anna Izzo, Angelo DeMatteo, Patricia Aulenti, Michael Pascale, Alyce Richmond, Mark Schettino, Patty DiMilo, Rose Rogalski, Elaine Smith, Karen Rescigno, Virginia Pisano, DJ DiVincenzo, Sgt. Anthony Rybaruk, Philip & Sally DeMilo, Anna Concelmo, Anna Marie Nappi, Brian Higney, Rich Tortora, Denise Bailey, Joseph Peterson, Marion Mahl, Paula Ruddock, Pamela Willis, Laura Luzzi, Brian Wilson, Maureen Redmond, Kristianne Argentino, Shirley Perrelli, Bill Izzo, Andrew & Catherine Criscuolo, Patricia Miles, Joe Coscia, Deborah Verab, Dona Marie, Christina Meoli, Michelle Smith, Ron Mattei, Angela Riccio, Charlene Tantalo, Al Forgione, Gabriella Garrity, Beverly Fucci, W.D. Merkle, Phyllis Anastasio, Cheryl Barbara, Laura-Phyllis Esposito, Diana Vitelli O'Brien, Meghan Keeney, Gennaro Milone, Jo Vuolo, Felicia DeRoche, Mike Barnett, Richard Costanzo, Carole & Frank Casapulla, Michael Bowen, Linda Montone, Carol Esposito, Fred & Barbara Brow, Christopher Farrell, Roberta Sanders-Gray, Jeannette Winston, Marilyn Sisson, Ryder Feeley, Theodore Siwinski, Michael Enders, Nicholas Cerillo, Edwina Cinque, Rudolph Pohlman, Linda Esposito, Renee Flynn, The Cooper Family, Lynn Ely, Ethan Roche, Frances Graney, Megan Maturo, Rose Paula Dziedulonis, Taras Mychajlowskyj, Denise Steiner, Mary Ann Anastasio, Gloribeth R., Stacie Bouchard, Al Sappinetti, Guy Racino, Michael Polaski, Martha Catel, Eddie Villecco, Isaiah Colville, Jennie Nazario, Joan Proto, Caitlin Rustic, Michael Filion, John Torello, Mauro Antonio Bezanilla, Matteo Criscuolo, Robert Filion, Lucy Carbone, Dorene Izzo, Lucille Palange, Carmine Riccitelli, Sr., Louise Amato, Mark Houston, Avery Bye, Alex Bernaitis, Vincent Pisano, Barbara Bellucci, Michael Bulger, Joseph Bonie, Mary Katherine Hart, Billy Carr, Andrea Pepe, Anna Sabatino, Audrey Elder, Theresa Polio, Mike Liso, John Mongillo, Sr., Bill Morrison, Juan & Family, Vern Kelly, Terrence King, Monica Cantore, Fr. Lawrence Boch, Antoinette Comiskey, Diane DiLungo, Frances 'Jean' Massimino, Luca Small, Vincent Savo, Louis Cinque, Alex Dugatto, Kim Vincent-Foschini, Dawn Quartiano Ferraro, Sal DeCola, Pasquale Marino, Bernadette Mckiernan, Bill Izzo, Ron Ardito, Michael Giaimo, Fr. Krugle, Fr. O'Keefe, Fr. McClaran, Antonio DiBenedetto, Marc Izzo, Arthur Brigante

# Please send prayer requests to stpioofpietrelcina@gmail.com so that our parishioners and friends can be remembered in our prayers.

#### Midnight Run Taylor Avenue Campus

The Midnight Run for July is the 2nd Monday, which is July 8th. Donations of brown bag water, juice boxes and toiletries lunches, are appreciated. These donations can be dropped off to Sue Stacey's home, 82 Forbes Place, up until 7pm on Monday, July 8th. Any questions, please contact Sue at 203-214-1762. Thank you and God bless you for all donations. Stay safe & well.

#### Midnight Run Foxon Road Campus

On the last Monday of each month, we bring 75 bagged lunches to the Columbus House Overflow Shelter.

**Donations Needed:** ShopRite Gift Cards or Gallon Size Ziploc Bags Quart Size Ziploc Bags Peanut Butter & Jelly Juice Pouches Raisin Boxes Fruit Cups & Pudding Cups Granola Bars Individual Packaged Cookies, Crackers or Chips

We are also looking for small amounts or full skeins of yarn, it will be used to make hats and scarves for the midnight run. Please leave your donations at any entrance of Our Lady of Pompeii church **ONLY**. Thank you.

Midnight Run is the **LAST** Monday of **EVERY** month from Our Lady of Pompeii Church from 6-7 pm. Thank-you for being so generous!



**St. Bernadette Food Pantry** located at the East Shore Senior Center is open every Saturday from 10:00am-11:00am. We are always in need of non-perishable foods. Top choices are, canned: tomatoes, **tomato sauce**,

vegetables, tuna fish, **soups** and fruits. Pasta, mac & cheese and **peanut butter**. Consumption guidelines provided to us from the CT Food Bank: Expiration/Code Date Extensions past expiration: high acid foods (i.e. tomatoes) 12-18 months. Low acid foods (canned meat, most vegetables) 2-5 years. Food in jars, 12 months past expiration, dry cereal 6-12 months, rice/pasta (dry) 1year. Questions, please contact Deb or Rico at 203-468-7489



THE EAST HAVEN FOOD PANTRY is asking for canned vegetables, ramen noodles, sauce and pasta for the month of July. Please leave your donations of food at the church entrances.

The Food Pantry will be open from 9:00am-11:00am on Saturdays & Tuesdays for East Haven residents.

For more info call Christine Sandford 203-469-7823

#### From the Pastor's Pen Reverend Jeremiah N. Murasso, PhD, EdD, PsyD

#### Saint Teresa of Calcutta: On Humility



Perhaps, what our world needs more than ever before is a lesson in humility. The virtue of humility is no longer looked upon as a quality or personality trait readily sought after; actually, the humble individual might even, by some, be thought to be weak or passive. Yet, humility as a virtue does not mean weakness; rather, it portrays a person of strength who is able to see him/herself in the service of others with no expectation for reward or reciprocity.

Mother Theresa of Calcutta, who was canonized on September 4, 2016, has much to say about humility in *The Joy of Loving: A Guide to Daily Living.* 

"These are the few ways we can practice humility: To speak as little as possible of one's self or about one's achievements.

To mind one's own business. Not to want to manage other people's affairs.

To avoid nosiness and becoming involved in idle or slanderous conversation.

To accept contradictions and correction cheerfully. To pass over the mistakes of others. To

accept insults and injuries.

To accept being slighted, forgotten and disliked by others

*To be kind and gentle even under provocation. Never to stand on one's dignity.* 

To choose always the hardest."

Perhaps this is the message that Jesus is trying to convey to the listeners of his day and perhaps to his twenty-first-century disciples. For the last several weeks, we have been listening as Jesus, in St. Mark's Gospel, teaches us about the qualities of faith: humility, kindness, acceptance of others, and unconditional love *(agape)*. St. Paul also has much to say about humility and love:

"Brothers and sisters, strive as you will, eagerly for the greatest spiritual gifts. But I will show you a still more <u>excellent</u> way." (I Corinthians 12:31-13:13).

The "*more excellent way*" about which St. Paul writes is the way of *Love*. Paul's message to his listeners is the same message that Jesus gives in Luke 14. The true and authentic disciple is characterized by his love for others.... unconditionally. Without love, a person accomplishes nothing in life—nothing that is upright and true. St. Paul lists the ingredients or characteristics of love.

"Love is patient, love is kind, it's not jealous, it is not pompous, it is not inflated, it is never rude, it does not seek its own interests, it is not quick-tempered, it does not brood over injury, nor does it rejoice over wrongdoings, but love rejoices with the truth. Love bears all things, it hopes all things, and it endures all things" (I Corinthians 12:31-13:13).

#### Is Paul Correct?

Paul makes it sound so simple. Yet, as we look at our society, a society too often riddled with discontent, sadness, and violence, we seldom see individuals who demonstrate the kind of love (*agape*) about which Paul speaks. When we happen to catch a glimpse of love in action from time to time...or hear about love, all too often...it is associated with that soap opera image of a love that seeks only pleasure and is short-lived.

When understanding the meaning of the scriptures, the English language is far too limited. This is especially true with the definition of love. In the English language, the word love comes from the Germanic form of the Sanskrit *lubh*, which means *desire*. The Greeks used three words to describe *Love: eros, philia*, and *agape*. What do they all mean, and which word did Paul use in the above passage?

**Eros** is what Aristotle refers to as the lowest form of love, a love "*brute-like or base*." Eros or erotic love is associated with sexual desire or lust. Plato, unlike Aristotle, associates eros with the passionate or intense desire that *inspires* one to seek Truth.

**<u>Philia</u>** is the second kind of love found in the Greek language. It refers to a kind of mutual admiration or loyalty that results from a close relationship or friendship. Philia is associated with respect, charity, and altruistic behaviors that are actualized out of a duty to do good works.

<u>Agape</u> is the highest and most admirable form of love. Agape is unconditional acceptance of another. It is everything that philia is and more. Agape is the perfect kind of love because it is characterized by selflessness and self-sacrificing behaviors with absolutely no expectation of repayment. Agape drives one to serve the needs of another human being without hidden agendas or expectations for repayment. It is the kind of love that is received without merit and totally unearned. Agape is the kind of love that characterizes God's relationship with his sons and daughters. It is the kind of love that led Jesus to the cross. It is the kind of love about which St. Paul writes. It is the kind of love that Jesus speaks about in Luke 14, which underlies the virtue of humility, which is a major pre-requisite for Discipleship.

"Love never fails," says St. Paul. Such a strong statement and he sounds so certain. Yet, are we not as confident that love *does* fail each time we witness man's inhumanity toward man, each time a marriage fails, each time a child is abused or neglected, each time a hate crime is committed against another human being, each time God is left out of his creation?

Could it be that Paul was naive concerning love gone wrong? Or could it be that Paul lived in a perfect society? Neither, of course, is true. It is correct to say, however, that failed love and loveless relationships result from a situation or an experience in which true love (agape) <u>never</u> really existed. The type of love that lasts is that type of love that is unconditional, selfless, and never expects repayment. It is the kind of love that keeps giving even when it hurts to give. It's the kind of love that is never misunderstood as passionate or erotic love. This type of love seeks only to build up, create, heal, and perfect. Love characterizes Jesus's ministry of mercy and his hope for those who *claim* to be his followers.



The parable of the "Invited Guests" and the "Host" (Luke 14:1-14) and Paul's teaching on Love (I Corinthians 12:31-13:13) provide each of us with an invitation as well as a challenge to seek after that type of love (agape) in our lives that will enable us to experience true and lasting happiness. Genuine, authentic love asks for nothing in return and, in its demonstration, brings peace to man's soul, a peace about which our world knows nothing.

It is a daily challenge for men and women of faith <u>not</u> to settle for those aspects of life that lead to compromise and complacency. Each must diligently strive to live the gospel message and become an extension of the *Risen Lord* who lives within us. We are called to imitate and demonstrate that type of love (agape) that is creative, healing, positive, and, above all...lasting. Unlike the highest form of human love, whereby man seeks self-perfection in what is noble and spiritual, *agape* comes from God and is given to us through Jesus.

#### <u>Tim McGraw</u>

Don't take for granted the love this life gives you. Hways stay humble and kind

I think that Tim McGraw's song *Humble and Kind* sums up Jesus' teaching and, at the same time, challenges men and women of faith to take a serious inventory of their relationships with others.

You know there's a light that glows by the front door Don't forget the key's under the mat Childhood stars shine, always stay humble and kind Go to church 'cause your momma says to Visit grandpa every chance that you can It won't be wasted time Always stay humble and kind

Hold the door, say please, say thank you Don't steal, don't cheat, and don't lie I know you got mountains to climb but Always stay humble and kind When the dreams you're dreamin' come to you When the work you put in is realized Let yourself feel the pride but Always stay humble and kind

Don't expect a free ride from no one Don't hold a grudge or a chip and here's why Bitterness keeps you from flyin' Always stay humble and kind

Hold the door, say please, say thank you Don't steal, don't cheat, and don't lie I know you got mountains to climb but Always stay humble and kind When those dreams you're dreamin' come to you When the work you put in is realized Let yourself feel the pride but Always stay humble and kind

When it's hot, eat a root beer popsicle Shut off the AC and roll the windows down Let that summer sun shine Always stay humble and kind Don't take for granted the love this life gives you When you get where you're goin Don't forget turn back around And help the next one in line Always stay humble and kind

(Lyrics taken from (http://www.elyrics.net/read/t/timmcGraw-lyrics/humble-and-kind-lyrics.html)

# Be strong, but not rude. Be kind, but not weak. Be bold, but don't bully. Be humble, but not shy. Be confident, but not arrogant.

What great wisdom to live by and teach our children to live by. Is this not what Jesus teaches his disciples? Just think what a difference each of us could make in our home, in our workplace, in our classroom, in our parish and in our relationship with Jesus. Are you humble and kind? **JNM** 

l Let Go

I accept my life as it is. I do not judge, I do not dramatize. I let life's events come freely and I welcome the lessons they convey. I stop struggling now. I let go and know that God always gives me that which is most appropriate for my soul.



From the Pen of the Parish Nurse Kimberly Petrillo, R.N.

#### Water Safety

Summer is the time of year when both adults and children engage in water activities. With warmer temperatures, many look to cool off in the ocean or by a swimming pool. The water is indeed a refreshing way to cool off, relax and socialize. However, while having fun in the water, it is important to realize that the water can also be dangerous.



It takes only a moment, for a child or a weak swimmer to drown in the time it takes to reply to a text or apply sunscreen. Death and injury from drownings happen every day in our backyard pools, hot tubs, at the beach, in the ocean, lakes, rivers, streams, and even in the bathtub.

Ten people die each day from unintentional drowning, and on average, 2 of them are under the age of 14.

Drowning is responsible for more deaths among children ages 1 to 4 than any other cause except birth defects. Among those ages 1 to 14, drowning is the second-leading cause of unintentional injury-related deaths behind motor vehicle crashes.

For seniors through age 74, the rate rose by 19.1% in 2022. The rate exploded by 49.8% for seniors older than 85 in 2021. \*\*Over 4,500 people drowned each year in the U.S from 2020 - 2022.

For every child who dies from drowning, another **five** receive emergency care for nonfatal submersion injuries.



#### Swimming Safety

Swimming in a natural body of water is more challenging than swimming in backyard pools. It is important to know what to do in order to be safe. Top Things to Know include the following:

•Be sure that you are water-competent for natural environments before swimming. A natural body of water is different than a backyard swimming pool.

•Always enter unknown or shallow water feet first. •Pay close attention to possible underwater currents and waves as well as underwater obstructions like sharp objects, rocks, glass, etc.

•Be aware of other individuals around you who may be involved in water sports. In addition, be aware of any oncoming motor boats or jet skis.

#### Weather & Hazardous Conditions

It is important to pay attention to changes in weather patterns as well as other possible hazards. In other words, being water competent in natural water requires additional knowledge and skills than in a backyard pool. Whenever near a lake, river, stream or natural water environment, watch and prepare for:

•Unexpected changes in air or water temperature.

- •Onset of thunder & lightning.
- •Leg cramps or any physical changes to the body.

•As indicated above, fast-moving currents, waves, and rapids can occur quickly with the air temperature change even in shallow water.

In such cases, it is important to leave the water immediately. Regarding thunder, for example, it is important to find shelter in an enclosed area for at least 30 minutes after the last thunderclap. Avoid open areas such as tall, isolated trees and metal objects if outside.

It is equally important to become aware of hazards, such as dams, underwater obstacles, rocks, and/or debris, as well as vegetation, water animals, and fish. Another aspect of water safety is awareness of drop-offs that can unexpectedly change water depth.

# Water Safety Code



### Establish & Enforce Rules

- •Enter the water feet first for safety.
- •Always enter unknown or shallow water cautiously.
- •Dive only in water clearly marked as safe for diving, at least 9 feet deep with no underwater obstacles.
- •Do not enter the water from a height like a bridge or boat.
- •Be careful when standing to prevent being knocked over by currents or waves.
- •Swim sober.

•Supervise others soberly without distractions, such as reading a book, talking, or using a cell phone.

•Swim with a buddy.

#### Water Safety Steps

•Employ layers of protection including barriers to prevent access to water, life jackets and close supervision of children to prevent drowning

•Ensure every family member learns to swim so they have some level of water competency: they should be able to enter the water, get a breath, stay afloat, change position, and swim a distance to get out of the water safely.

•Know what to do in a water emergency, including helping another in trouble.

#### Swimming Safely at the Beach

#### Top Things to Know:

•Always swim in a lifeguarded area.

•Never swim alone, regardless of age or level of swimming skills.

•Keep within your fitness and swimming capabilities.

•Be aware of weather and water conditions and heed warnings.

•Be aware of hazards & changing weather conditions.

•Be aware of tide changes.

- •Fast-moving currents and waves, even in shallow water.
- •Drop-offs that unexpectedly change water depth.
- •Unexpected changes in the air or water temperature.

•Hazards, such as underwater obstacles, rocks and debris.

•Vegetation, marine animals and fish.

•Other people's activities in the same water, such as boating.

•Thunder & Lightning.

•Read the posted signs.

When unfavorable conditions for water safety occur:

•Leave the water immediately, if swimming off shore.

•If in a boat, head back to shore quickly.

•If in a boat and are unable to return to shore, lie down at the bottom of the boat or shelter in the cabin if available.



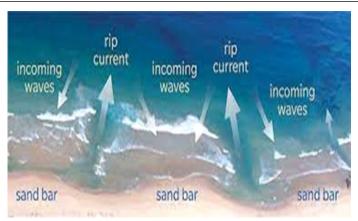
#### **Dangers of Rip Currents**

Rip currents can form in any large open water area such as low spots and breaks in sandbars or near structures such as jetties and piers. It is important to check conditions before entering the water, looking for warning flags or signs. If there is a lifeguard on duty, ask him/her about water conditions, beach conditions and potential hazards.

While in the water, stay at least 100 feet away from piers and jetties. Permanent rip currents often exist near these structures.

#### **Escaping From a Rip Current**

Stay calm and do not fight if caught in a rip current. Swim parallel to the shore until you are out of the current. Then turn and swim to shore. Alternately, float until you are free of the rip current and then head to shore. If unable to make it to shore, draw attention to yourself by waving and calling for help. If someone else is caught in a rip current and is in trouble, get help from a lifeguard. If a lifeguard is not available, have someone call 911. Throw the victim something that floats, such as a lifejacket, cooler, or inflatable ball. Do not attempt to rescue the individual unless you are a trained beach lifeguard.



#### **Backyard Pool & Hot Tub Safety**

It is interesting to note that approximately 60% of young children who drown were in fact, not expected to be in a pool or near water. It is important to secure the pool with appropriate barriers. Designate a water-watcher and stay in arm's reach of young children. Install anti-entrapment drain covers and safety release systems to protect against drain entrapment. If a child is missing, check the water first. Secure the pool when not in use. It is important to surround the pool with four-sided isolation fencing with a self-closing and self-latching gate that is out of reach of a child.



A four-sided isolation fence (separating the pool area from the house and yard) reduces a child's risk of drowning 83% compared to three-sided property fencing. For ground pools, secure, lock or remove steps, ladders and anything that can be used for access (such as outdoor furniture and toys) whenever the pool is not being actively supervised by an adult.

Install a secondary barrier, such as:

door alarms and locks that are out of reach of a child on all doors and windows with direct access to the pool or spa areas. Establish and enforce rules and safe behaviors. Do not enter the pool head first unless in a pool that has a safe diving area. Stay away from drains and other openings that cause suction.

#### **Drowning Prevention**

Learn basic swimming and water safety skills.Wear a life jacket because life jackets reduce the risk of drowning.

•Learn CPR. CPR can save someone's life in the time it takes for paramedics to arrive.

•Know the risks of natural waters and check the forecast before activities in, on, or near the water. •Avoid alcohol.

•Use a buddy system. Always swim with a buddy.

•Consider the effects of medications and avoid swimming if taking medication impairs balance, coordination, or judgment. These side effects can increase the risk drowning.

•Take additional precautions for medical conditions. Know if your medical condition may increase the risk for drowning. For example, if a person has a seizure disorder like epilepsy, it would be important to have one-on-one supervision around water.

•Heart conditions and autism may also increase the risk for drowning.

•Do not hyperventilate or hold your breath for a long time. Do not hyperventilate before swimming underwater for long periods of time. This can cause a person to pass out and drown. This is sometimes called "hypoxic blackout" or "shallow water blackout."

An average of 4,012 unintentional deaths occurred each year from 2011 to 2020. An average of 8,061 estimated emergency department visits due to non-fatal drowning occurred each year from 2011 to 2020 (redcross.org; cdc.gov.).



Be safe and adhere to the safety information provided above. Enjoy the rest of the summer. May it be filled with happiness and good health. **KP** 

Parish nurse can be contacted <u>kimp51@comcast.net</u> or mobile 203-980-0931. Health counseling available by appointment.

**Save the Date:** DURING THE PARISH CARNIVAL, July 27 and July 29, 5:30 to 7:30, FREE blood pressure monitoring, A1C screening, and health counseling are available. Health screenings are **free of charge**, but appointments must be made for A1C screening.



## **CARNIVAL NEWS**

The 67<sup>th</sup> Annual St. Pio of Pietrelcina Parish Carnival takes place **Tuesday**, **July 23** – **Saturday**, **July 27 on the grounds of Our Lady of Pompeii**. Our Annual Carnival features a midway of rides for all ages, games, a variety of delicious food choices, and our famous fried dough pizza.

If you've attended in the past, you know our Carnival only takes place through the help of all of our volunteers. We invite all members of our St. Pio of Pietrelcina Parish family from Our Lady of Pompeii, St. Bernadette and St. Vincent de Paul to volunteer. Volunteers are needed in our food and pizza booths, with set up and breakdown, and to help with hospitality and clean up.

If you would like to volunteer one or more nights, please contact Dawn Vittorio at 203-535-4091 or <u>dawn.vittorio@gmail.com</u>; or Patti Scussel at 203-710 -7886 or <u>parscussel@aol.com</u>.

All volunteers must be Virtus trained. If you are not Virtus trained, Virtus training is now online.

An all-volunteer meeting will be held on Wednesday, July 17 at 7:00pm in the Our Lady of Pompeii Church Hall.

We hope you will join us in making this year's Carnival the best-ever!

Ric Raffone, Joe Sicignano, and Mike Vittorio Carnival Co-Chairs





#### **Priorities**

The summer months are upon us, and life has *hopefully* become less hectic with school out of session and the start of family vacations.



#### Ask yourself:

•Does my schedule include time for God? *We make time for everything else* 

• in our lives that we consider to be important.

•What part will God play in my life and my children's lives as we embrace the summer months?

•What part will God have in my life as I make plans to visit friends and relatives, go out to dinner, frequent the malls, and prepare for a week or two away at a favorite vacation spot?

•With so many hours in the course of a week, why not spend *less than one hour each week at Mass*?

It is important to ground our lives and our activities in the Eucharist. Only through the Eucharist and in the context of the worshiping community can we renew and replenish God's grace as we begin yet another week of activities.

Weekly participation at Mass is so important. Your fellow parishioners need you and rely on your faith to carry out the work that the *Spirit* has intended for each of us individually, and for all of us collectively as a parish family.

As a member of St. Pio, you are very important to the faith of this parish.

- **Rethink your busy schedules** and make room in your busy lives to *worship with those of us who need to worship with you*. Raising children in the twenty-first century presents some very challenging moments. In society today, our children are confronted on a daily basis with a multitude of conflicting and confusing themes that give rise to additionally confusing and conflicting choices.
- Without a faith that is rooted in Gospel values and nourished weekly at the Eucharistic Table of the Lord, we send our children into the world each day spiritually unprepared for a secularism that waits to consume them.

#### Parents Work Hard

Parents work hard to provide for their children, however, sometimes they overlook what children really need:

•A way to God through the Church's sacramental life, which is vital for their spiritual and mental well-being. Parents should not *spiritually* neglect their children by keeping them from establishing a relationship with Jesus in and through the Eucharist. Everything families do for children must be *rooted in* and *flow from* a relationship with the Lord. Otherwise, life becomes reduced to a routine and loses its true meaning.

#### <u>The Family Soul</u>

Families must cultivate the *family soul*. This means making weekend worship part of family life. Spiritual health is indispensable for family life. Without this spiritual dimension, the family lacks real purpose and direction.

Participation in religious rituals and adherence to traditions provide families with spiritual resources, especially during difficult times. Parents are called to develop the family soul by <u>re</u>-organizing priorities so God is at the center of family life. Make room in your very busy week for one hour of worship to share your faith with others who believe as you do.

Worship provides us with the opportunity to share and express our faith with each other and to receive nourishment and strength from other men and women of faith.

Parents participate in a multitude of activities with their children, yet participation at Mass for worship and praise is not prioritized as highly. Nourishment from God's *Word* and participation around the *Eucharistic Table* help family members realize that they are part of something bigger, which in turn gives them perspective, hope, optimism, and confidence.

#### Pray as a Family

Start with the basics: Grace before meals. This is very healing, especially for younger children. Thanking God for our food and for our family as we gather around the dinner table is losing its importance in the twenty-first century



Prayer gives added meaning to family life as parents and children share their lives. Praying together as a family is a source of encouragement and healing for the *family's soul*. It also places life and *our* lives into proper perspective. Different faiths employ different models for personal prayer; however, reading the New Testament, the *Word* of God, is another good place to start. Pick a passage and share its message among family members. Have each family member share his/her interpretation of the passage and how it might speak to his/her daily life. Encourage your children to remember their **morning and evening prayers**. We don't have to be formal or even eloquent in expressing gratitude for another day.



#### Focus on Truth

Concentrate on those aspects of wholesome family life that reinforce vitality, security, harmony, peace, trust, intimacy, growth, and respect. Families need to filter through the raw materials, the conflicting themes, and experiences that threaten and endanger wholesome family values daily.



Cultivating the *family soul* demands daily vigilance on the part of adults to assure and reassure children and grandchildren that their concerns about safety and security will not be compromised. We can no longer risk losing the family soul by depriving ourselves and our children of the spiritual health that results from nurturing and maintaining spiritual values in our homes. Cultivate values that are rooted in Jesus and that will become the moral and ethical barometer for achieving wholeness and peace.



We live in a world that is broken and bruised because we, the *majority*, have permitted the marginalized secular minority to legislate and dictate the role that faith and family should play in society. To heal as a nation and as a Church, we must begin by strengthening the *family soul* and restoring dignity and decency to humankind. JNM



This fun and faith-filled Mary Garden Contest invites parents, families, garden enthusiasts, parish groups, teachers, and anyone who wants to create a *one-of-a-kind Mary Garden* to honor Our Blessed Mother is invited to participate.

The contest will accept submissions from May 24 to August 1. The winning entries will be announced on August 15.

A *Mary Garden* is its own reward for yourself, the entire family, and everyone who gets to take in its beauty ... but we're offering prizes too! The top three in each category will win a gift basket with family gift cards along with items of Family Prayer including items for the whole family to enjoy and embrace your faithful prayer life.

Gardening is a wonderful family activity that teaches important life skills such as patience and responsibility. We want to encourage families to pray together, wherever they are, so why not try a garden dedicated to Our Lady?

**Entries will be divided into two groups:** 

•Private/Family gardens

•Small/Apartment gardens

We created this contest in hopes of offering families a fun, prayerful activity they could do at home. We are hoping we have created a new annual tradition for our parish. We hope that caring for your *Mary Garden* will offer you an opportunity to spend time in prayer with Mary and invite God into your family life. Pray together in this sacred space you've created, and always remember this famous message: "*The family that prays together stays together.*"

#### For more information contact :

Renae Voira: 203-494-9479 miknae10@yahoo.com

Carol Silva: 203-469-0764 ext. 4 tempccd29@gmail.com



ST. PIO OF PETRELCINA PARISH WOMEN'S ACTS RETREAT September 19, 2024 through September 22, 2024

Adoration – GOD'S CALL, YOUR ACCEPTANCE OF, AND RESPONSE TO GOD.

**C**ommunity – LOVE AND CARING FOR EACH OTHER.

## Theology- STUDYING GOD THROUGH SCRIPTURE AND OUR CATHOLIC FAITH.

Service – TO GOD AND HIS PEOPLE.

# <u>What is it?</u>

An ACTS retreat is a three-day, three-night Catholic lay retreat presented by women who have attended prior ACTS retreats, under the guidance of a Catholic Guide. Retreat activities focus on Adoration, Community, Theology and Service. Scripture and the teachings of the Catholic Church are the guides. The goals are to renew yourself spiritually, to strengthen your faith and its application in your daily life, and to create lasting and supporting friendships. This is done via a positive, lively and interactive manner. Participants return to their parish faith communities with a deeper love for each other and a desire to become more involved.

# **Interested In Attending?**

The retreat begins Thursday evening, September 19, 2024, with a 5:00 pm check-in at St. Vincent dePaul Church Hall on 80 Taylor Avenue, East Haven. At 6:00 pm, participants will then be transported to Our Lady of Calvary Retreat Center in Farmington, CT. for the remainder of the retreat. The retreat will end on Sunday, September 22, 2024, with a 11:45 AM Mass and reception at St. Vincent de Paul Church. Transportation to and from the Retreat Center will be provided. The cost for the retreat is \$330.00. A deposit of \$115.00, made payable to St. Pio of Pietrelcina Church, submitted with the registration form, will reserve your place. Also, for first time retreatants who are members of St Pio of Pietrelcina Parish, ACTS CT Chapter will give those first-time retreatants \$100.00 toward the cost of the retreat making the total cost of the retreat \$230.00. The remaining balance will be before the retreat.

Brochures and registration forms can be found at the front entrance of the church. For further information contact:

> Donna Carotenuto, Director 203-506-5439 Email: <u>donnacarot63@comcast.net</u>

> > Carol Silva, Co-Director 203-915-5503

Tara Daly, Co-Director 203-415-4545

#### MASS SCHEDULE



Have you recently lost a friend or family member? Are you having difficulty concentrating and enjoying everyday activities?

#### NEXT MEETING:

Thursday, July 18 11:00am - 12:30pm SVDP Office Conference Room 80 T aylor Avenue East Haven

For information, please contact Barbara Natarajan at

Rajnet352@comcast.net or Phone: 713-898-2563

### **Mary and Joseph's Place**

We are in need of a new Director and pro-life volunteers for our Pregnancy Resource Center in North Haven at Village Medical Center. We have been open for 24 years and serve the Greater New Haven Community by providing Free baby clothes, layettes, diapers, wipes and equipment, along with Maternity clothes. Our current Director is Retiring in September and would train her replacement. We are open. 2 days a week, Tuesday and Thursday, 10am to 1pm and by appointment. All positions are on a volunteer basis. If you are interested please call Barbara Mucha Oko, RN, CEO at 203-530-2730 to set up an interview or for more information.

May God bless you and your family.



Ladies' Guild Christmas Craft Update

Dawn Scussel Vittorio has once again organized a Christmas ornament group to make ornaments to sell at our annual Ladies Guild Christmas Fair..this was a great success last year. So many beautiful items were made...

They are meeting in the Lower Office Meeting Room at Our Lady of Pompeii the 3rd Monday of the month @ 6:30pm starting in June..

Please reach out to Dawn for more details... Thank you so much Dawn for organizing this group..

Save the date for the Christmas Fair November 16 & 17 Watch the weekly bulletin for updates and info



**July 13 & 14, 2024** 4:00 pm OLOP: Fr. Murasso 5:30 pm VDP: Fr. Matthew 7:30 am OLOP: Fr. Matthew 9:00 am SB: Fr. Murasso 10:30 am OLOP: Fr. Matthew 11:45 am SVDP: Fr. Muraso

#### <u>July 20 & 21, 2024</u>

4:00 pm OLOP: Fr. Matthew 5:30 pm SVDP: Fr. Murasso 7:30 am OLOP: Fr. Borino 9:00 am SB: Fr. Matthew 10:30 am OLOP: Fr. Murasso 11:45 am SVDP: Fr. Matthew

#### July 27 & 28, 2024

4:00 pm OLOP: Fr. Murasso 5:30 pm SVDP: Fr. Matthew 7:30 am OLOP: Fr. Matthew 9:00 am SB: Fr. Murasso 10:30 am OLOP: Fr. Matthew 11:45 am SVDP: Fr. Murasso Deacons Preaching Weekend 4:00 & 11:45: Deacon Wayne 7:30 & 10:30: Deacon George 5:30 & 9:00: Deacon Larry

#### August 3 & 4, 2024

4:00 pm OLOP: Fr. Matthew 5:30 pm SVDP: Fr. Murasso 7:30 am OLOP: Fr. Borino 9:00 am SB: Fr. Matthew 10:30 am OLOP: Fr. Murasso 11:45 am SVDP: Fr. Matthew

#### August 10 & 11, 2024

4:00 pm OLOP: Fr. Murasso 5:30 pm SVDP: Fr. Matthew 7:30 am OLOP: Fr. Matthew 9:00 am SB: Fr. Murasso 10:30 am OLOP: Fr. Matthew 11:45 am SVDP: Fr. Murasso



#### **Fundraiser for Veterans**

The Knights of Columbus, Hon. W. Patrick Donlin Assembly #2459 is sponsoring a golf fundraiser to benefit "Veteran and Military Programs and other charitable causes" on Monday, August 26, 2024 at Race Brook

Country Club in Orange. We're looking for golfers, sponsors and contributors. Please contact Chris Neumann at <u>Hello.Neumann@KOLonline.com</u> or (203) 393-2924 or Ric Raffone at (203) 640-6482 to participate or donate to this worthy cause. Or log on to: <u>www.assembly2459.org</u> to download the brochure.