#### THE CATHOLIC COMMUNITIES OF

# ST. PIO OF PIETRELCINA

REVEREND JEREMIAH N. MURASSO, PH.D., ED.D., PSY.D., PASTOR REVEREND MATTHEW CHERIAN, PH.D., PAROCHIAL VICAR



# 3RD SUNDAY OF EASTER



They set out at once and returned to Jerusalem where they found gathered together the eleven and those with them who were saying, "The Lord has truly been raised and has appeared to Simon!" - Lk 24:33-34

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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3rd Sunday of Easter April 14, 2024

#### Mass Intentions for the Week

SATURDAY, April 13 - Vigil – 3rd Sunday of Easter

OLOP + Joseph Torello (90th Birthday) 4:00pm

by Rose Ann

SVDP + Anthony Fantarella 4:30pm

by Wife & Daughters

SUNDAY, April 14 – 3rd Sunday of Easter

8:00am OLOP + Frank Camera

by Wife, Barbara

SB + Nancy Sarno (16th Anniversary) 9:00am

by Anna Hamilton & Family

10:00am OLOP + Ann Marie Murasso (8th Anniversary)

11:15am SVDP + Lucy Savo

by Family

MONDAY, April 15 - Weekday

OLOP + Nicholas & Mary Coppola 8:00am

by Family

8:00am SVDP + Vincent Scala

by Clancy-Palumbo Funeral Home

TUESDAY, April 16 – Weekday

OLOP + Kathy Conner 8:00am

by Friend

8:00am SVDP + Fred Colloso

by Children, Grandchildren & Great-Granddaughter

WEDNESDAY, April 17 – Weekday

OLOP + Ralph Riccitelli & Anna Bimonte 8:00am

by Family

SVDP + Denise Reynolds 8:00am

by Barbara & Dave Elliott

THURSDAY, April 18 - Weekday

8:00am OLOP + Felize Basilicato

by Porto Funeral Home

8:00am ST. B + Annette Talbot

by Family

FRIDAY, April 19 - Weekday

8:00am ST. B + Acabbo Family

by Albert Acabbo

SATURDAY, April 20 - Vigil - 4th Sunday of Easter

OLOP + David Hall 4:00pm

by Mom, Joan

SVDP + Alphonse & Mary Camera 4:30pm

by Madelyn & Vincent Camera

SUNDAY, April 21 – 4th Sunday of Easter

8:00am OLOP + Marian & Charles Gayer

by Family

9:00am SB + David MacDonald

by Knights of Columbus #44

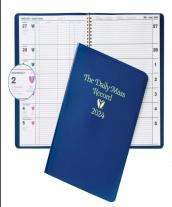
10:00am OLOP + Michael La

by Friend, Helen Nguyen

11:15am SVDP + Agnes, Frank, Francis & Marianne Cantore, Sr.

Rose Anthony (Monica Cantore) & Thomas Mauro

by Family



#### **2024 MASSES -**

The 2024 Mass Intention Book is opened. There are many weekday Masses left. Kindly have your requests ready when scheduling.

Payment due at time of booking.

#### **STEWARDSHIP April 6 & 7**

**Regular Collection** \$14,038.00

**Monthly Collection** \$2,275.00

#### **April 20 & 21 Second Collection:** None

Thank you to the many of you who have been so generous and responsive in these difficult times.

#### SCRIPTURE READING

Sunday: Acts 3:13-15, 17-19/Ps 4:2, 4, 7-8, 9

(7a)/1 Jn 2:1-5a/Lk 24:35-48

Monday: Acts 6:8-15/Ps 119:23-24, 26-27, 29-30/

Jn 6:22-29

Acts 7:51—8:1a/Ps 31:3cd-4, 6 and 7b Tuesday:

and 8a, 17 and 21ab/Jn 6:30-35

Acts 8:1b-8/Ps 66:1-3a, 4-5, 6-7a/Jn Wednesday:

6:35-40

Thursday: Acts 8:26-40/Ps 66:8-9, 16-17, 20/Jn

6:44-51

Friday: Acts 9:1-20/Ps 117:1bc, 2/Jn 6:52-59 Saturday:

Acts 9:31-42/Ps 116:12-13, 14-15, 16-

17/Jn 6:60-69

## Holy Hour Come spend time in the presence of Jesus.

Every Monday, immediately following morning Mass at Our Lady of Pompeii, there is one hour of **Exposition of the Blessed Sacrament.** 

#### **CONFESSION SCHEDULE:**

Our Lady of Pompeii: Saturday at 3:00-3:30pm

St. Vincent de Paul: Saturday at 3:30-4:00pm

#### SILENCE.

Please, be mindful that many parishioners arrive early prior to the start of Mass in order to sit reflectively with the LORD in prayer. Please, be mindful of the level of your voice and that voices carry from the back of the church to the front. Please, maintain a subdued tone when speaking so that other's quiet time is not disturbed.

#### St. Pio of Pietrelcina Parish

Address: 355 Foxon Road, East Haven, CT 06513 Phone Number: (203) 469-0764

#### **Office Hours:**

Foxon Road: Mon-Thu 8:00-12:00 & 1:00-3:00;

Fri 8:00-12:00

**Taylor Avenue**: Mon. & Fri. 10:00-2:00

E-Mail: stpioofpietrelcina@gmail.com Website: stpioofpietrelcinaeh.com

# MINISTRY & EVENT CALENDAR

SUNDAY, APRIL 14
No Events or Activities Scheduled

SUNDAY, APRIL 21
No Events or Activities Scheduled

#### **MONDAY, APRIL 15**

Holy Hour - 8:30-9:30am in Our Lady of Pompeii Church

#### MONDAY, APRIL 22

Holy Hour - 8:30-9:30am in Our Lady of Pompeii Church

#### **TUESDAY, APRIL 16**

Blood Drive - 11:00am-6:00pm at OLOP Church Hall

Bible Study - 7:00pm on Zoom
Contact Christine Sandford at 203-469-7823

Rosary Group - 8:00 pm on Zoom
Contact Sally Mucka at 203-469-0764 ext. 8

#### TUESDAY, APRIL 23

Bible Study - 7:00pm on Zoom
Contact Christine Sandford at 203-469-7823

Rosary Group - 8:00 pm on Zoom
Contact Sally Mucka at 203-469-0764 ext. 8

#### WEDNESDAY, APRIL 17

**Bible Study** - 6:30pm at SVDP Parish Office Contact Marie Connors at 203-468-1184

Rosary Group - 8:00 pm on Zoom
Contact Sally Mucka at 203-469-0764 ext. 8

#### WEDNESDAY, APRIL 24

**Bible Study** - 6:30pm at SVDP Parish Office Contact Marie Connors at 203-468-1184

Rosary Group - 8:00 pm on Zoom
Contact Sally Mucka at 203-469-0764 ext. 8

#### THURSDAY, APRIL 18

Scriptural Rosary - 7:00pm at OLOP Chapel Contact Sally Mucka at 203-469-0764 ext. 8

#### THURSDAY, APRIL 25

Scriptural Rosary - 7:00pm at OLOP Chapel Contact Sally Mucka at 203-469-0764 ext. 8

#### FRIDAY, APRIL 19

Rosary Group - 8:00 pm on Zoom
Contact Sally Mucka at 203-469-0764 ext. 8

#### SATURDAY, APRIL 20

Men's Group - 7:30am-9:00am at SVDP Parish Center

#### FRIDAY, APRIL 26

Rosary Group - 8:00 pm on Zoom
Contact Sally Mucka at 203-469-0764 ext. 8

#### SATURDAY, APRIL 27

Men's Group - 7:30am-9:00am at SVDP Parish Center



A special welcome to Father Matthew Cherian, Ph.D., appointed by Archbishop Blair to replace Father Patrick Kane as Parochial Vicar.



COFFEE AND.....to be held after all Masses this Sunday, April 14 at Our Lady of Pompeii Church Hall. Plan on attending to meet & welcome Fr. Matthew.

# Thank You

THANK YOU, to the Porto Funeral Home & the DeLucia Family for their generous donation of Easter Lilies that were donated to St. Pio of Pietrelcina Parish at Our Lady of Pompeii, St. Vincent de Paul & St. Bernadette, which were locally grown by the Vaiuso family at the Vauiso Nursery in Branford, CT.



## The Candles burn this week for these special intentions:

#### **Our Lady of Pompeii Candles**

Sanctuary Lamp (Right Side) ~ In Memory of Billy Richmond & For All the Souls in Purgatory Sanctuary Lamp (Left Side) ~ In Memory of the Mauro & Elko Families Chapel ~

Sacred Heart of Jesus ~
Our Lady of Perpetual Help Icon ~
Pascal Candle ~ Deceased Members of the Calamita, Hart,
Surprenant & Zito Families

#### St. Vincent de Paul Candles

Sanctuary Lamp (Right Side) ~ In Memory of the Balzano & Avitable Families Sanctuary Lamp (Left Side) - In Memory of Ronald Paolillo Our Lady's Altar ~ Lucy Savo by Savo Family

St. Joseph's Altar ~ Anthony Parisi by Children & Grandchildren Pascal Candle ~ Barbara & Maurice Connolly

#### St. Bernadette Candles

Sanctuary Lamp (Right Side) ~ Acabbo Family by Albert Sanctuary Lamp (Left Side) ~ Vincent Savo by Mom & Dad Pascal Candle ~ Harold Donegan

#### PRAY FOR THE SICK OF OUR PARISH

Nick Vessicchio, Sally Ann Fallon, Lynette Ely, David T. Boyle, Richard Lucibello, Carmel Ferretti, Bryan Surprenant, Sharon Spadacenta, Marie Zambrano, Helen Langello, Brian Savo, Gerry Andrea, Alan Poirier, Connie Rasimas, Jane Pyka, Harry Clark, Lou DiNola, Geraldine Licciardi, Joseph Anyzeski, Fran Sofo, Elizabeth Kuen, Deborah Sanning, Paula Ferrara, Tina Marie Fionia, Joseph Parise, Frank DelGrego, Moira Ferguson, Danielle Joubert, Frances Polaski, Pauline Condon, Rose Anna Izzo, Angelo DeMatteo, Patricia Aulenti, Michael Pascale, Alyce Richmond, Mark Schettino, Patty DiMilo, Rose Rogalski, Elaine Smith, Karen Rescigno, Virginia Pisano, DJ DiVincenzo, Sgt. Anthony Rybaruk, Philip & Sally DeMilo, Anna Concelmo, Anna Marie Nappi, Brian Higney, Rich Tortora, Denise Bailey, Joseph Peterson, Marion Mahl, Paula Ruddock, Pamela Willis, Laura Luzzi, Brian Wilson, Maureen Redmond, Kristianne Argentino, Shirley Perrelli, Bill Izzo, Andrew & Catherine Criscuolo, Patricia Miles, Joe Coscia, Deborah Verab, Dona Marie, Christina Meoli, Michelle Smith, Ron Mattei, Angela Riccio, Charlene Tantalo, Al Forgione, Gabriella Garrity, Beverly Fucci, W.D. Merkle, Phyllis Anastasio, Cheryl Barbara, Laura-Phyllis Esposito, Diana Vitelli O'Brien, Meghan Keeney, Gennaro Milone, Jo Vuolo, Felicia DeRoche, Mike Barnett, Richard Costanzo, Carole & Frank Casapulla, Michael Bowen, Linda Montone, Mary Diamante, Carol Esposito, Fred & Barbara Brow, Christopher Farrell, Roberta Sanders-Gray, Jeannette Winston, Marilyn Sisson, Ryder Feeley, Theodore Siwinski, Michael Enders, Nicholas Cerillo, Edwina Cinque, Rudolph Pohlman, Linda Esposito, Renee Flynn, The Cooper Family, Lynn Ely, Ethan Roche, Frances Graney, Barbara Kapusta, Megan Maturo, Rose Paula Dziedulonis, Taras Mychajlowskyj, Denise Steiner, Mary Ann Anastasio, Gloribeth R., Stacie Bouchard, Al Sappinetti, Guy Racino, Michael Polaski, Martha Catel, Eddie Villecco, Isaiah Colville, Jennie Nazario, Joan Proto, Caitlin Rustic, Michael Filion, John Torello, Mauro Antonio Bezanilla, Matteo Criscuolo, Robert Filion, Lucy Carbone, Dorene Izzo, Lucille Palange, Carmine Riccitelli, Sr., Louise Amato, Mark Houston, Avery Bye, Alex Bernaitis, Vincent Pisano, Barbara Bellucci, Michael Bulger, Joseph Bonie, Mary Katherine Hart, Billy Carr, Andrea Pepe, Anna Sabatino, Audrey Elder, Theresa Polio, Mike Liso, John Mongillo, Sr., Bill Morrison, Juan & Family, Vern Kelly, Terrence King, Monica Cantore, Fr. Lawrence Boch, Antoinette Comiskey, Diane DiLungo, Frances 'Jean' Massimino, Luca Small, Vincent Savo, Louis Cinque, Alex Dugatto, Kim Vincent-Foschini, Dawn Quartiano Ferraro, Sal DeCola

Please send prayer requests to stpioofpietrelcina@gmail.com so that our parishioners and friends can be remembered in our prayers.

#### Midnight Run Taylor Avenue Campus

The Midnight Run for May is the 2nd Monday, which is May 13th. Donations of brown bag lunches, water, juice boxes and toiletries are appreciated. These donations can be dropped off to Sue Stacey's home, 82 Forbes Place, up until 7pm on Monday, May 13th. Any questions, please contact Sue at 203-214-1762. Thank you and God bless you for all donations. Stay safe & well.

#### Midnight Run Foxon Road Campus

On the last Monday of each month, we bring 75 bagged lunches to the Columbus House Overflow Shelter.

#### **Donations Needed:**

ShopRite Gift Cards or
Gallon Size Ziploc Bags
Quart Size Ziploc Bags
Peanut Butter & Jelly
Juice Pouches
Raisin Boxes
Fruit Cups & Pudding Cups
Granola Bars
Individual Packaged Cookies, Crackers or Chips

We are also looking for small amounts or full skeins of yarn, it will be used to make hats and scarves for the midnight run. Please leave your donations at any entrance

of Our Lady of Pompeii church ONLY. Thank you.

Midnight Run is the **LAST** Monday of **EVERY** month from Our Lady of Pompeii Church from 6-7 pm. Thank-you for being so generous!



**St. Bernadette Food Pantry** located at the East Shore Senior Center is open every Saturday from 10:00am-11:00am. We are always in need of non-perishable foods. Top choices are, canned: tomatoes, tomato sauce,

vegetables, tuna fish, soups and fruits. Pasta, mac & cheese and peanut butter. Consumption guidelines provided to us from the CT Food Bank: Expiration/Code Date Extensions past expiration: high acid foods (i.e. tomatoes) 12-18 months. Low acid foods (canned meat, most vegetables) 2-5 years. Food in jars, 12 months past expiration, dry cereal 6-12 months, rice/pasta (dry) 1 year. Questions, please contact Deb or Rico at 203-468-7489



THE EAST HAVEN FOOD PANTRY is asking for soups, pasta and sauce for the month of April. Please leave your donations of food at the church entrances.

The Food Pantry will be open from 9:00am-11:00am on Saturdays & Tuesdays for East Haven residents.

For more info call Christine Sandford 203-469-7823

#### From the Pastor's Pen Reverend Jeremiah N. Murasso, PhD, EdD, PsyD

On The Road to Emmaus (Luke 24:13-35)

Last Sunday, the Church celebrated *Divine Mercy Sunday*. St. John's gospel account focused attention on Jesus' compassionate and merciful appearance to his disciples who had locked themselves in a small room, hidden from the Jews and Romans whom they feared would imprison and possibly kill them (John 20:19-31). This was Jesus' first meeting with his disciples as a group since they left him and abandoned him in the Garden of Gethsemane the night before his crucifixion.

#### Jesus Appears to His disciples

In his first reunion with his disciples, Jesus could have scolded them for their lack of loyalty leaving him at the hands of the Roman soldiers. He could have expressed to Peter an "I told you so" attitude; his disappointment at Peter's predicted betrayal at a moment when Jesus could have used a friend. Jesus could have criticized the disciples for not remembering all that he had told them about the *Third Day*.



Jesus could have asked them why they continued in their skepticism and disbelief about his rising from the dead *even* after they visited the empty tomb. Perhaps, Jesus could have continued by asking the disciples why they thought that the women who enthusiastically brought the news of his rising to them were not credible witnesses for them.

Jesus could have said many things to the disciples, pointing to their lack of loyalty as well as their refusal to believe. Yet, he did not. Instead, Jesus says to them, "Peace be with you" (John 19:19; 19:21; 19:26). Coming from the Greek, the word for peace is Eirene. Yet, it describes more than the desire for peace or goodwill toward another. Eirene is descriptive of the fullness of goodness, perfection and completeness, devoid of adversity. Eirene in Greek mythology describes the goddess of spring who is also the keeper of the gates of heaven.

#### Shalom

The Hebrew equivalent of eirene is shalom. It is an expression of respect for the other, wishing the other God's blessings for unconditional goodness. To greet another with the salutation, "shalom aleichem" would sound like this: "I wish you every possible blessing that any one person could receive; completeness and wholeness, health, prosperity, and the harmony of mind, body and spirit, devoid from all conflict, adversity and fear. I wish you every good thing that any one individual can experience in the world in a spirit of love and deep-rooted peace, which begins and ends at your spiritual center, at the level of the soul."

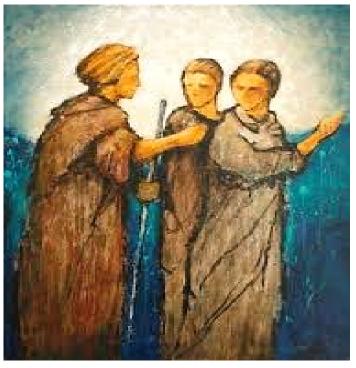
Wholeness and completeness at the level of man's spiritual core were the kinds of sentiments that Jesus was bestowing on his disciples. It was this bestowal of such incredible blessings that served not only to waylay their fears but to accomplish so much more. I picture the disciples as being initially startled and perhaps somewhat fearful as Jesus makes his appearance despite the locked doors. Moments later, however, all their preoccupations appeared unnecessary, speculative and would vanish as did their fears, their anger and their guilt for having abandoned Jesus in his hour of need. St. John tells the reader that "After he had said this ['Peace be with you'], he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord" (John 20: 20).



Suddenly the non-threatening, all-loving, merciful and compassionate Christ raised their human spirits enabling them to *re-discover* joy; a joy that they once knew and experienced with their friend and mentor. What a powerful message for those who despair! To the degree that men and women of faith *learn* to bring personal turmoil and daily misfortunes to Jesus, to that degree will they find peace and joy, which the world neither knows nor can bestow.

#### The Road to Emmaus, 24:13-35

On this third Sunday in the Easter Season, we turn our attention to the gospel account according to Saint Luke and we listen to Luke's account of the events surrounding the journey to Emmaus. Unfortunately, because we are in Cycle "B," we do not listen to the entire Emmaus but rather, listen to a portion of the account. I do think, however, it is important for our reflections to meditate on the entire account. Luke's description of Jesus' appearance on the *Road to Emmaus* is as brilliant as it is spiritually breathtaking. Jesus' *seemingly* inconsequential encounter with the two chaps on the *Road to Emmaus* qualifies as one of Luke's most dramatic and most captivating portraits of the man Jesus as well as his ability to hold his audience in intrigue and suspense.



In this particular account, the reader cannot help but savor the emotional impact that this event must have had on Luke. The reader also gets a glimpse at Luke's personality, which is also kept hidden throughout his gospel account. In addition, Luke allows the reader the privilege of knowing more about the situation and the people involved than the actual participants. This kind of intense storytelling is unique to Luke and rarely seen in the other three gospel accounts.

The appearance of Jesus to the two men on *The Road to Emmaus* was meant to portray not only Jesus' fulfilled promise that he had risen. It also was meant to reinforce the fact that Jesus lives and will always walk beside his disciples. We too are Jesus' disciples. If we do not feel his presence, it is not because he is not here with us. Rather, it is because we are too preoccupied with the world; just as the two chaps were as they walked along the road heading toward Emmaus.



The Road to Emmaus is a story about two friends of Jesus who are returning home to Emmaus after participating in the events of the prior week in which their friend Jesus was handed over to the authorities and then convicted as a criminal and crucified as a thief. Perhaps, these two fellows ate with Jesus, or maybe they were part of his company. Perhaps, they even contemplated becoming a disciple in what they, like others thought would result in a prestigious role in Jesus' earthly kingdom.



Perhaps, these two chaps were part of several different groups who listened attentively with amazement as Jesus preached about the Father, loving one's enemy and how the humble and *poor of spirit* would be the first to inherit the kingdom of God. Perhaps, too, they were among those who witnessed Jesus heal the sick, restore sight to the blind, raise Lazarus from the dead and expel demons. Maybe they accompanied the Blessed Mother and the Beloved Disciple to Calvary along with Jesus' disciples.

Perhaps, these two chaps were one of several fearful bystanders who were anxiously watching in horror as Jesus was scourged, spat upon, and then stripped of his clothes. Perhaps, they wondered about the impact that all this would have on the multitude that had followed Jesus and placed their trust in his words. Perhaps, these two chaps cringed as they looked on in utter bewilderment, disgust and with compassionate sorrow silently sobbed as the soldiers stretched and nailed Jesus' emaciated and blood-streaked body onto the cross.

Perhaps, these two chaps feared showing any emotion at the horrific display of man's inhumanity toward man, as they quietly uttered the word "why" to one another, yet, ever so conscious of who around them might be taking inventory of their reactions. Perhaps, they pondered the motives of the Jewish religious leaders as well as the Roman soldiers in their violence toward someone who appeared so innocent and who accomplished so many good things: teaching and healing in the marketplace.

Perhaps, they questioned the motive behind man's inhumanity to man. Perhaps, they gasped for breath as they watched Jesus' bloody corpse once nailed to the cross lifted up for the mere sport of the crowd. Perhaps, they like the many other bystanders watched and waited to see if Jesus' claim to be the Son of God was true and if God Himself would rescue His Son from death.



Perhaps, they began to feel that Jesus, although a good man was not in fact who he claimed to be. And perhaps, their hopes and dreams for what they thought would result in the emancipation of Israel evaporated in a combination of sorrow, self-pity, and scorn.

As Jesus breathed his last breath and uttered his last words; a prayer of forgiveness to the Father, perhaps, these two men became incredulous with fearful admiration of Jesus as they *pondered* what such a request might mean. Perhaps, too, these two chaps felt betrayed by Jesus for not following through with what he claimed he would do for his loyal followers.

Luke's account opens with these two chaps on *The Road to Emmaus*, returning home somewhat discouraged and disappointed. As they walk along discussing the events of the week and perhaps even lamenting about their missed opportunity to acquire a prestigious position in Jesus' Kingdom, Jesus himself comes into their presence.

Luke tells us that "their eyes were prevented from recognizing Jesus" (24:16). Rather odd that they could not recognize Jesus, their old friend of at least three years. They followed him from town to town, spoke with him, ate with him, etc., and yet, they were blinded to his presence after not having seen him for less than a week.

What was Luke's intention when he states that the eyes of the two men were prevented or kept from recognizing Jesus? Luke states: "And it happened that while they [the two men on the way to Emmaus] were conversing and debating, Jesus himself drew near and walked with them, but their eyes were prevented from recognizing him" (24: 15-16).

Luke is very exact throughout his entire gospel account in his choice of words. He chooses very carefully so that he may precisely convey the correct picture to the reader. Luke could have said, "The two men did not recognize Jesus." Instead, Luke chose to make the word "eyes," the subject of this particular sentence rather than, "The two men." Luke goes on to say "Their eyes were prevented...."

The eyes are said to be the *doorways to the soul*. Could it be that because these two chaps were so *troubled* about the week's events that the very part of them (the eyes), which provide illumination for the soul had become so clouded and so distracted by the world events that they were prevented from seeing things as they were? Could it be that they were *prevented* from seeing Truth in their midst? In any case, the focus was on themselves and their loss, rather than focusing on the predictions and prophecies of the past about the death and resurrection of Jesus.

#### What are we Missing?



What a great teaching for 21st-century men and women of faith. How often do we permit the various chapters of our lives to prevent us from seeing; *really* seeing the whole picture? How often do we miss seeing real meaning in our lives as a result of our being consumed by the *twists of fate* or those *existential curved balls* that are often thrown in our way? In failing to see the whole picture, we fail to recognize the meaning and purpose of our sufferings. And in failing to find meaning in our lives amid our sufferings, we fail to discover Jesus who walks beside us and suffers along with us.

#### Luke's Purpose

There are several reasons why Luke would have said, "Their eyes were prevented from seeing," rather than, saying, "The two men were unable to see." The first possibility has to do with Jesus' glorified body. Jesus had accomplished all that he had said he would, despite the skepticism and disbelief on the part of these two chaps and the apostles. Their eyes were unable to see Jesus for who he was because of his resurrected appearance. Jesus had been changed. He had become glorified.

Luke reinforces the fact that Jesus not only had risen from the dead, but in his *raised form* he had assumed a glorified and celestial appearance. In addition, Luke wanted his readers to understand and believe that not only had Jesus been raised but he lives not as before but as the Messiah of God.

Although the reader knows beforehand who this *third traveler* is, it was not until Jesus revealed himself in the scriptures that the *eyes of these two men were opened* wide, now able to see because of their faith that Jesus was the Christ of God. This is another very powerful teaching for 21<sup>st</sup> men and women of faith.



With all of man's technical advancements, with of his skills and precision for acquiring data at his fingertips, man continues to lack the ability or perhaps, the willingness to see the hand of God in the complexities of his very complicated and confused world.

Often, it is the simple things in life that do more for man by way of alerting his senses activating his mind, or softening his *hardened* heart in helping him to acquire knowledge and insight not only about himself but about life around him. These two chaps on *The Road to Emmaus* were so busy and so preoccupied with solving the problems of the world that they ignored the voice in their hearts by listening only to their heads.

It was only after their "eyes were opened, and they recognized him [Jesus]" (24:31), did they remember the voice of their hearts. "Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?" (24:32). The heart in the Hebrew Scriptures is looked upon as being the center not only of man's emotions but also, the center of thought and conviction. In other words, when referring to the heart of man, it is understood to include the whole person; man, himself as a thinking, feeling, rational and at times, irrational being.

There is another possible reason that Luke says, "Their eyes were prevented from recognizing Jesus." The two men as well as the apostles and even the women who were the most loyal followers of Jesus did not fully understand that Jesus' mission and the reason for his coming was not for Israel. Rather, Jesus came into the world for humankind. These two fellows could not see beyond what they thought Jesus could do for Israel alone, and also, for them.

As Jesus pointed to the scriptural references that described the destiny of the Messiah, which included even suffering and death, their hearts began to burn (24:32). It was at this point, just before their eyes were opened at the breaking of the bread that they began to view Jesus as a prophet. This was reinforced at the dinner table as their Dinner Guest blessed and broke the bread: symbolic of Jesus' broken yet, glorified body.



This is another powerful lesson for 21<sup>st</sup> men and women of faith. How often do we (like the two chaps on *The Road to Emmaus*) think that we, our experiences and our sufferings should take precedence over the feelings and experiences of others? How often do we convince ourselves that our limited worldview along with our feelings and personal needs should determine and dictate how others should treat us?

When man projects his own limited and often dysfunctional belief system onto others, his mind remains clouded and closed. At such times, man sacrifices opportunities for learning something new, and from truly coming to terms with truth.

Jesus is Truth. It was at the moment when these two chaps *permitted* Jesus access into their lives in ways that they never experienced that they were then *able* and even *willing* to expand their limited vision and begin seeing beyond their own needs and idle preoccupations.

The two chaps failed to *transcend* their preoccupations with grieving their losses. The "eyes are the windows to the soul." Keeping this in mind, I believe that because these two chaps appeared so distraught about the week's events surrounding the trial and death of Jesus, the part of their bodies that illuminated their souls, i.e., their spiritual center had become clouded, buried and bruised; thus, they were distracted from *seeing* or *looking at* life and the present events with the very same faith that drew them to Christ initially.

These two chaps are consumed with their shattered expectations; absorbed with their sense of loss, which thwarts any possibility of seeing beyond their self-seeking needs. Their perceived need to obsess over their losses and disappointments prevented them from being hopeful about their future and starting over. Does this sound familiar? It should because it is a story about you and me.

Self - absorbed people ,only think about what makes them feel good at the moment they don't have any respect or regard for anyone else. Then they wonder why their relationships fail .

How often do we become self-absorbed with shattered expectations, those things that we *think* that other people, society, and even God have either deprived us of or have taken from us? In our self-pity, we lack hope and the desire to discover *meaning for the moment*, despite the problem of the hour or the crisis of the day.

The two chaps were returning home with heavy hearts and shattered hopes for a new beginning for both Israel and themselves. We can only wonder why they did not take Jesus, their good friend at his word when he promised never to leave his disciples orphaned. Why did they not believe what he said about rising on the third day? Why did they not believe the women who were first to discover the empty tomb that Jesus accomplished what he predicted?

The story is not over. The *Stranger* who the reader knows to be Jesus approaches the two chaps and walks beside them. He asks them what it is that they are discussing (24:17). Perhaps, Jesus sees their gloomy expressions. They become indignant upon hearing Jesus' question. The reader can almost feel the outrage in their voices at the stranger's apparent ignorance about the recent events.

One of the fellows whom Luke refers to as Cleopas answers Jesus. "Are you the only stranger in Jerusalem who does not know the things that have taken place [there] in these days" (24:18)? How could he not know what has happened to their best friend? The two men are grieving and want this stranger to share their grief. Instead, the stranger pretends to have no idea about what is consuming their thoughts.

The two fellows tell their story. They go through the entire episode about Jesus' trial, death and burial. They even share with Jesus the fact that some women in their group went to the tomb and found it empty.

"Moreover, some women in our group astounded us. They were at the tomb early this morning [now the third day], and when they did not find his body there, they came back and told us that they had indeed seen a vision of angels who said that he was alive" (24:22-23). The stranger, upon hearing their sad saga calls them "Foolish." Then he [Jesus] said to them, "Oh, how foolish you are and how slow of heart to believe all that the prophets have declared! Was it not necessary that the Messiah should suffer these things and then enter into his glory" (24:25-26)?

Jesus proceeds to describe for them in detail, says Luke, the scriptures that predict everything that the two had just described concerning the Christ event. They still, however, did not understand nor could they yet equate the stranger with the *Messiah*. The two chaps are almost in Emmaus. Luke says something interesting. He says that "as they approached the village to which they were going, he [Jesus] walked ahead as if he [Jesus] was going on" (24:28). Jesus gives the impression that he is departing from them. Jesus was not about to leave these men grieving, unenlightened and confused concerning the Truth. Neither will he leave us!

Like the Samaritan woman (John 4:5-42) and the man born blind (John 9:1-41), as soon as these two chaps begin to surpass their preoccupations and reach out to another, in this case, the *Stranger* who happens to be Jesus, *Truth* begins to emerge as *Light* from darkness. The two men invite Jesus to stay. "So, he went to stay with them. And it happened that, while he was with them at the table, he took bread, said the blessing, broke it, and gave it to them. With that, their eyes were opened and they recognized him" (24:29). It was not until the two men broke bread with Jesus that they saw all things in perspective and understood. They recognized Truth.



The Eucharist puts all concerns, misperceptions, stressors, worries, and obsessions to rest, once we willingly and joyfully surrender to Jesus by transcending our self-preoccupations and reaching out for the Christ who lives in us and among us. It is in partaking in the Eucharist that men and women of faith become what they consume: *another Christ*.

In reflecting on their Eucharistic experience, the breaking of the bread with Jesus and their eyes being opened to Truth, the two men say, "Were not our hearts burning within us?" (24:32). In other words, at the same time that Jesus walked with them on the road, they felt something different. It was only after they experienced this same feeling in the breaking of the bread were their feelings confirmed.

At the beginning of this account, Luke tells the reader that the two men were "prevented" from seeing Jesus. It is important to revisit this notion and to recognize that in our own lives, we too are often "prevented" from feeling Jesus in our lives and from seeing him in others. This feeling often misleads us into thinking that Jesus does not hear our prayer and is not listening to us.



Jesus always hears and always answers. Sometimes the answer is "No." At other times it is "Not yet." This is so, not because Jesus lacks concern for man's well-being nor does it mean that Jesus is unloving. It does mean that at times, our prayer may be insincere as a result of a hardened or unforgiving heart. At other times, our hearts may be burdened with the demands of the world; thus, unable or unwilling to give to Jesus our full and total attention and love. At other times, we may be so overwhelmed and distracted with the things of the world that we miss hearing Jesus, miss feeling Jesus, and miss seeing Jesus just as the two men did on *The Road to Emmaus*.



It is only after man takes Jesus along on his journey through life that skepticism and unbelief can be transformed into true faith. Through a sincere and grace-filled experience of Eucharist, our hectic and stressful lives can begin to take on new meaning; a meaning rooted in Truth. Jesus is Truth. Is it not Truth that sets us free? *Re*discover your freedom! **JNM** 

Additional Note: Although sensitive of gender-related language; he/she, him/her, it is often necessary to refer to the generic, "man" when reference is made to the essence of human nature.





We hope to "sea" you there!

## AUGUST 5 - 9

9:00am to 12:30pm OLOP Church Grounds

Join our Adventure into the deep blue seas as we seek out the beauty of God's Creation and the Blessings that our Oceans provide for us.

# Featuring:

A Visit from Mystic Aquarium's Live Creature Exhibit

# Teen and Adult Volunteers Needed

Contact: Sally Mucka saintpio.rcia@gmail.com or 203-415-2710



From the Pen of the Parish Nurse Kimberly Petrillo, R.N.



More than 25 million Americans have asthma, including 5.5 million children. Asthma is a long-term chronic disease of the lungs. It causes the airways to become inflamed and narrow, making it difficult to breathe. There is an inflammation of the bronchial tubes that have sticky secretions inside the tubes. People who have asthma have symptoms when the airways tighten, inflame, or fill with mucus.



#### What is an Asthma Attack?

When a person breathes normally, muscles around the airways are relaxed, letting air move easily and quietly. During an asthma attack, however, three things can occur:

- 1.Inflammation, in which the lining of the airways becomes swollen. Swollen airways get constricted, and inhalation and exhalation do not allow air in or out of the lungs easily.
- 2.Bronchospasm in which the muscles around the airways constrict (tighten). When the muscles tighten, it makes the airways narrow, preventing air from flowing freely through the constricted airways.
- 3. Mucus production occurs during an asthma attack as the body



creates more mucus. This thick mucus clogs the airways.

4. When the airways become tight, a sound called wheezing occurs. A wheeze is a clinical symptom of a continuous, coarse, whistling sound produced in the respiratory airways during breathing.

#### Types of Asthma

- 1.Intermittent asthma comes and goes so a person can feel normal in between asthma flare-ups.
- 2.Persistent asthma means that a person has symptoms much of the time. Symptoms can range from mild to severe. Healthcare professionals base asthma severity on how frequently a person experiences symptoms. They also assess how well a person can do things during an attack.
- 3.Exercise-induced asthma is triggered by exercise.
- 4.Occupational asthma happens primarily in people who work around irritating substances.
- 5.Asthma-COPD overlap syndrome (ACOS) happens when an individual has both asthma and chronic obstructive pulmonary disease (COPD). Both diseases make it difficult to breathe.

#### Causes of Asthma

Several things contribute to the onset of asthma:

- 1. Allergies can raise the risk of developing asthma.
- 2.Genetics, in cases where family history of asthma or allergic diseases, can increase the risk of developing asthma.
- 3.Environmental factors in situations where the exposure to things that irritate the airways. These substances include allergens, toxins, fumes, and second or third-hand smoke. These can be especially harmful to infants and young children whose immune systems have not finished developing.
- 4.Respiratory infections such as RSV, can damage young children's developing lungs.



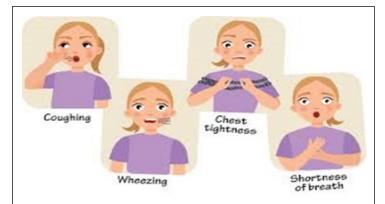
#### Common Asthma Attack Triggers

A person can have an asthma attack if he/she comes in contact with substances that irritate the lungs. Knowing what triggers a person's asthma makes it easier to avoid asthma attacks. Triggers can be different for each person. Some common triggers may include:

- 1.Air pollution can cause an asthma attack—air pollution from factory emissions, car exhaust, wildfire smoke.
- 2.Dust mites are tiny bugs that are not visible but are in our homes. If a person has a dust mite allergy, this can cause an asthma attack.
- 3. Exercise can cause or exacerbate an asthma attack.
- 4.Mold, which grows in damp places can cause a problem for people who have asthma.
- 5.Pets can cause asthma attacks. If a person is allergic to pet dander (dried skin flakes), breathing in the dander can irritate the airways.
- 6.Tobacco smoke can contribute greatly to either developing asthma or worsening the sickness if one already is asthmatic and/or is a smoker.
- 7.Strong chemicals or smells can trigger attacks in some individuals. 8.Certain occupational exposures that one may encounter in the workplace such as cleaning products, dust from floor or wood, or other chemicals. These can all be triggers if a person has asthma.

People with asthma, most of the time, have visible symptoms that include: chest tightness, pain, or pressure. Inflammation, coughing, shortness of breath and wheezing.

When a person with asthma has a flare-up, some or all of the symptoms may occur. Each flare-up is different and symptoms may also change.



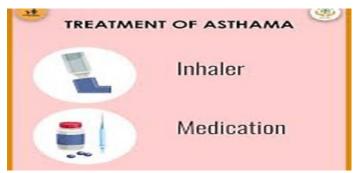
#### Symptoms of an Asthma Attack

When asthma symptoms get progressively worse, this is known as an exacerbation or an asthma attack. Breathing becomes increasingly difficult because the airways are swollen and the bronchial tubes have narrowed.

#### **Exacerbation Symptoms**

Hyperventilation Agitation
Cough Confusion
Wheezing Increased heart rate
Blue lips (cyanosis) Shortness of breath

It is important to take all medications during an exacerbation. If symptoms do not improve, a visit to the emergency room is often necessary. Asthma can be life-threatening so getting fast treatment is crucial.



#### **Treatment Options**

Treatment options for those who suffer from asthma include: 1.Bronchodilators, which are medicines that relax the muscles around the airway. The relaxed muscles allow the airways to move air through the lungs with ease. Mucus is also moved more easily through the airways. These medicines relieve symptoms when they occur and are often used to treat intermittent and chronic asthma.

- 2.Anti-inflammatory medicines reduce the swelling and mucus production in the airways. They make it easier for air to enter and exit the lungs. Depending on the severity of a person's asthma, the doctor may prescribe this medicine daily to prevent and/or control the symptoms of chronic asthma.
- 3.Biologics includes a type of treatment that targets a cell or protein to prevent swelling inside the airways. They are for people with certain types of persistent asthma and are given by injection or infusion.
- 4.Inhalers (puffers) are metered dose inhalers that have medicine plus a propellant. The propellant sprays the medicine out of the inhaler in a short burst. At times a nebulizer machine is needed to administer liquid medication to treat acute wheezing and shortness of breath.
- 5.Anticholinergies include medications that help to stop the muscles from tightening around the airways.

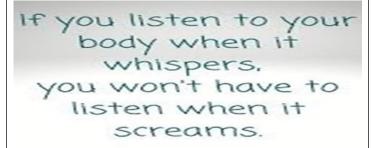
#### **Prevention & Management**

Researchers have not yet found the exact cause; it is challenging to know how to prevent asthma. The following are some ways to help prevent asthma attacks:

- 1. Avoid triggers by staying clear of chemicals, smells, or products that have caused breathing problems in the past.
- 2.Reduce exposure to allergens by staying clear of dust, mold, or pet dander, especially if allergens have been identified to such.
- 3. Taking preventative medication helps even when the individual is not experiencing an asthma attack. The doctor may prescribe medication to take daily, in addition to taking the medications in case of an asthma attack.
- 4.Getting allergy shots may be a good idea for those who suffer from asthma. Allergen immunotherapy is a type of treatment that may help change the immune system. With routine shots, the body may become less sensitive to triggers that are encountered.

In addition to using maintenance medications, the following steps each day can help to improve overall health and reduce the risk of having an asthma attack:

- 1.Eat a nutritious diet.
- 2. Avoid any food that you are allergic to.
- 3. Make an effort to maintain a moderate weight.
- 4.Quit smoking,
- 5.Exercise regularly.



There is no cure for asthma. However, many effective treatments can control and decrease the symptoms. Lifestyle strategies and medications can also help improve quality of life. It is important to learn about your condition and its symptoms. The more a person knows, the more proactive they can be in improving lung function and having a better quality of life. (Clevelandclinic.org; healthline.com). **KP** 

Parish nurse can be contacted via email at <a href="kimp51@comcast.net">kimp51@comcast.net</a> or mobile at 203-980-0931. Health counseling is available by appointment. Suggestion for health articles welcomed



Need some tips on how to help your very young child connect with Jesus?

A new ministry for young parents is starting soon!

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#### Fr. MATTHEW CHERIAN, PH.D.

#### **EDUCATION**

- •PhD in Bioethics, University of Antwerp, Belgium
- •Doctoral Research, Bioethics On the Self-Design of Human Beings by Using Biotechniques, DFG German Research Foundation scholar, Eberhard Karls University, Tubingen, Germany
- •Masters in philosophy, Institute of Philosophy, University of Leuven, Belgium
- •Masters in applied Ethics (European Union Scholar), University of Leuven - Belgium, University of Nijmegen - Netherlands, University of Padua - Italy, University of Linkoping, Sweden & NTNU, Trondheim, Norway
- •MBA Marketing & Human Resource Management, Christ College - University of
- Bangalore, India

#### PROFESSIONAL EXPERIENCE

- •Staff Chaplain at St. Francis Hospital, Hartford, CT
- •Director, Marian Institute of Management (MIM), Kerala 685531, India, www.miim.ac.in
- •Associate Pastor, St. Christopher's Church, Buchanan
- •Chaplain, Sacred Heart University, Bridgeport, CT
- •President & Lecturer of Business Administration and Applied Ethics, Marian College, Kuttikkanam, Kerala, India

#### **BOOK PUBLICATION**

•Transform Learning: A Guide to Implement Outcome-Based Education (coauthor)

# PAPER PRESENTATIONS & CONFERENCES

- •Ethics of Nanobiotechnology," Fourth International Conference on Biomedical Engineering, SUNY Downstate, Brooklyn, New York 11203. April 17-20, 2007
- •"Public Engagement and Ethics of Technology", 2008 International Congress of Medical Ethics, Tehran, Iran, April 08, 2008
- •"Genethics' and the Commercial Society," Sixth International Conference on Ethical Issues in Biomedical Engineering, SUNY Downstate, Brooklyn, New York 11203. April 1-3, 2011
- •Global Ethics Forum Conference, 28-30 June 2012, International Conference Centre Geneva (CICG), 17 rue de Varembé, 1201 Geneva/Switzerland

# Housekeeper wanted

Housekeeper for light house cleaning and laundry for the Saint Vincent de Paul Rectory. Two days per week, 8 hours total. Interested applicants, please call the parish office or email Fr. Murasso at jeremiah.murasso@aol.com.



#### St. Pio of Pietrelcina Ladies' Guild General Meeting

Please join us for our next meeting on Monday, April 8 at 7:00pm at Our Lady of Pompeii Church.

St. Pio of Pietrelcina Ladies' Guild Military Whist

Friday, May 3, 2024

Doors open at 5:30pm Games begin at 6:30pm

Our Lady of Pompeii Hall

Tickets: \$12.00

For tickets, call Christine Sandford at 203-468-7823

#### A FAMILY PERSPECTIVE



In the Gospel According to Luke (24:13-25) for this third Sunday in the Easter Season, we watch and we listen to two disciples who are journeying back to their homes having witnessed the week-long events that culminated in the trial, crucifixion and death of their friend Jesus of Nazareth. As we listen to Luke's description of their conversation, we realize that the two chaps appear to be experiencing a variety of emotions that range from intense sadness at the loss of their friend, to disappointment in the fact that contrary to a once popular belief, Jesus was not the hope of Israel's salvation, to utter confusion regarding the point and purpose of both the life and death of Jesus, a teacher from Nazareth.

As the two men continue reminiscing, their portrayal of the mystifying events pertaining to Jesus appear to take on a more personal quality as each describes how their own lives have become disrupted and how each suddenly feels empty and dis-connected from life due to the external forces that have impacted their own lives through no fault of their own. all of which, resulting in the death and demise of the mission and message of a would-be savior and along with his annihilation, all hope that they had in the sovereignty of God and His plan for His people.

As the two continued their elaboration concerning their losses and the impact that the events had on life as they once knew it, Jesus appeared in their midst and began to walk beside them. Luke tells us that the two men did not recognize Jesus: "Their eyes were prevented from recognizing him" (24:16). That which was "preventing" the two chaps from seeing Jesus for who he was resulted from their obsession with their own personal losses and how the recent events, most of which they did not understand had impacted their lives and life-choices.

# Encountering the Living Christ

In our own lives and in our own homes particularly during these stressful times, it is easy to become overwhelmed and consumed with the stressors of the moment, which spring forth and intensify from anxieties based on the unknown and those aspects of our current lives, which are out of our control. Too often, we can acquiesce toward thoughts and behaviors that lead us deeper into darkness and despair instead of recognizing who it is that walks beside each us and who waits patiently to engage in conversation with us.

Let God become part of the solution for our personal brokenness. Hand him the pieces and allow him to heal that which is broken. While this may not necessarily solve all that we are going through, it will, in fact, give us a new way of *seeing* who and what is beside me. In any case, *something* to *ponder!* JNM

#### Our Lady of Perpetual Help Novena Starts on May 1 @ 7 pm



Join us as we celebrate the 30<sup>th</sup> annual novena to Our Lady of Perpetual Help for 9 Wednesdays, beginning on May 1 and concluding on June 26.

On the first night, May 1, the novena prayers will take place in the context of the Mass beginning at 7:00 at 7:00 pm at Our Lady of Pompeii Church.





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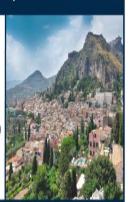


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13 DAYS: NOVEMBER 3 - 15, 2024

#### FOR A DETAILED COLOR BROCHURE, PLEASE CONTACT OR DETACH & MAIL TO:

Reverend Jeremiah N. Murasso, Ph.D. St. Pio of Pietrelcina Parish 355 Foxon Road East Haven, CT 06513 Tel: (860) 977-7675 Email: jeremiah.murasso@aol.com

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#### SHOPPING CARDS STILL NEEDED

With the food prices continue to rise, several of our parishioners are having trouble buying food as they *struggle* to purchase other household necessities and pay for rent and utilities.

Grocery Shopping cards in any denomination to any of the local supermarkets would help me help members of our parish family, who are need of assistance for the purchase of food. These gift/shopping cards can be dropped into the collection basket or brought to the parish office. Whatever you can do, is greatly appreciated. Thank you in advance. JNM



#### Online Giving

A growing number of parishioners are taking advantage of our online giving option, signing up for everything from ongoing weekly offerings to gifts for Christmas flowers. You may make a one-time gift or sign up for recurring donations. Visit <a href="https://stpioofpietrelcinaeh.com/">https://stpioofpietrelcinaeh.com/</a> and click on the 'Give' button for online giving and account registration. Contact the Parish Office with any questions.

#### **MASS SCHEDULE**



#### April 13 & 14, 2024

4:00 pm OLOP: Fr. Matthew 4:30 pm SVDP: Fr. Murasso 8:00 am OLOP: Fr. Matthew 9:00 am SB: Fr. Borino 10:00 am OLOP: Fr. Matthew 11:15 am SVDP: Fr. Murasso \*\*\*\*\*\* \*\*\*\*\*\* \*\*\*\*\*\*

#### April 20 & 21, 2024

4:00pm OLOP: Fr. Murasso 4:30 pm SVDP: Fr. Matthew 8:00 am OLOP: Fr. Borino 9:00 am SB: Fr. Matthew 10:00 am OLOP: Fr. Murasso 11:15 am SVDP: Fr. Matthew

#### April 27 & 28, 2024

4:00 pm OLOP: Fr. Matthew 4:30 pm SVDP: Fr. Murasso 8:00 am OLOP: Fr. Matthew 9:00 am SB: Fr. Borino 10:00 am OLOP: Fr. Matthew 11:15 am SVDP: Fr. Murasso Deacons Preaching Weekend 4:00 & 11:15: Deacon Larry 8:00 & 10:00: Deacon Wayne

4:30 & 9:00: Deacon George