## THE CATHOLIC COMMUNITIES OF

## ST. PIO OF PIETRELCINA

REVEREND JEREMIAH N. MURASSO, PH.D., ED.D., PSY.D., PASTOR REVEREND PATRICK KANE, PAROCHIAL VICAR



33<sup>rd</sup> Sunday in Ordinary Time November 19, 2023

## Mass Intentions for the Week

SATURDAY, November 18 - Vigil – 33rd Sunday in Ordinary Time

4:00pm OLOP + Joseph, Rose, Anthony & Joseph Abate by Family

4:30pm SVDP + Jean Iannucci

by Shirley, Peggy, Marie & Antoinette

SUNDAY, November 19 – 33rd Sunday in Ordinary Time

8:00am OLOP + Lucille M. Helske

by Son

9:00am SB + Jennie Criscuolo

by Son, Henry

10:00am OLOP + Luigi & Maria Lavorgna

by Son, Attilio

11:15am SVDP + Agnes, Frank 'Francis' & Marianne Cantore

& David Dunaj

by Family

MONDAY, November 20 - Weekday

8:00am OLOP + Helen Leary

by Lisa Leary

8:00am SVDP + Rosalie Musco

by Family

TUESDAY, November 21 – Presentation of the Blessed Virgin Mary

8:00am OLOP + John Brennan

by DeMartino Family

8:00am SVDP + Pamela Beaudette

by Porto Funeral Home

WEDNESDAY, November 22 – St. Cecilia

8:00am OLOP + Richard Syx

by DeMartino Family

8:00am SVDP + Fred & Mary Colloso

by Children, Grandchildren & Great-

Granddaughter

THURSDAY, November 23 - St. Clement I

8:00am OLOP + Living & Deceased Members of St. Pio

9:00am SB + Living & Deceased Members of St. Pio

FRIDAY, November 24 - St. Andrew Dung-Lac

8:00am SB + Irene C. Flynn

by Ed, Edward & Kathleen

SATURDAY, November 25 - Vigil - Our Lord Jesus Christ

4:00pm OLOP Dr. Carl Prota & Family

by Danick Family

4:30pm SVDP + Theresa Fucci & Raymond Fucci

by Daughter, Cindy

SUNDAY, November 26 – Our Lord Jesus Christ

8:00am OLOP + Lucy Kelly

by Carol & Patti Scussel

9:00am SB + Andrea Palmucci

by Family

10:00am OLOP + Barbara Esposito Sommo

by Linda Esposito

11:15am SVDP + Annette Talbot

by Family

## 2024 MASSES -SAVE THE DATE!

The 2024 Mass Intention Book opened on Thursday, June 1, 2023.

Kindly have your requests ready when scheduling. We will continue to have a limit of 3 weekend Masses per individual booking.

Payment due at time of booking.

STEWARDSHIP		
Regular Collection (Oct. 28)	\$8,721.00	
All Saints Collection	\$2,263.00	
Regular Collection (Nov. 5)	\$10,258.00	
Monthly Collection (Nov. 5)	\$4,854.00	
Regular Collection (Nov. 12)	\$10,341.00	
Utility Collection (Nov. 12)	\$3,951.00	
Online Collection	\$1,630.00	

## November 25 & 26 Second Collection:

None

Thank you to the many of you who have been so generous and responsive in these difficult times.

## SCRIPTURE READINGS

Sunday: Prv 31:10-13, 19-20, 30-31/Ps 128:1-2, 3, 4-

5 (see 1a)/1 Thes 5:1-6/Mt 25:14-30

Monday: 1 Mc 1:10-15, 41-43, 54-57, 62-63/Ps

119:53, 61, 134, 150, 155, 158/Lk 18:35-43 2 Mc 6:18-31/Ps 3:2-3, 4-5, 6-7/Lk 19:1-10

Wednesday: 2 Mc 7:1, 20-31/Ps 17:1bcd, 5-6, 8b and 15/

Lk 19:11-28

Thursday: 1 Mc 2:15-29/Ps 50:1b-2, 5-6, 14-15/Lk

19:41-44

Tuesday:

Friday: 1 Mc 4:36-37, 52-59/1 Chr 29:10bcd, 11abc,

11d-12a, 12bcd/Lk 19:45-48

Saturday: 1 Mc 6:1-13/Ps 9:2-3, 4 and 6, 16 and 19/Lk

20:27-40

## **CONFESSION SCHEDULE:**

Our Lady of Pompeii: Saturday at 3:00-3:30pm

**St. Vincent de Paul**: Saturday at 3:30-4:00pm

## SILENCE.

Please, be mindful that many parishioners arrive early prior to the start of Mass in order to sit reflectively with the LORD in prayer. *Please*, be mindful of the level of your voice and that voices carry from the back of the church to the front. Please, maintain a subdued tone when speaking so that other's quiet time is not disturbed.

## St. Pio of Pietrelcina Parish

Address: 355 Foxon Road, East Haven, CT 06513

Phone Number: (203) 469-0764

## Office Hours:

Foxon Road: Mon-Thu 8:00-12:00 & 1:00-3:00;

Fri 8:00-12:00

Taylor Avenue: Mon. & Fri. 10:00-2:00

E-Mail: stpioofpietrelcina@gmail.com Website: stpioofpietrelcinaeh.com

## MINISTRY & EVENT CALENDAR

TITLE TELL OF E	ET (T CTIBET (BTITE
SUNDAY, NOVMEBER 19	SUNDAY, NOVMEBER 26
No Events or Activities Scheduled	No Events or Activities Scheduled
MONDAY, NOVEMBER 20	MONDAY, NOVEMBER 27
Holy Hour - 8:30-9:30am in Our Lady of Pompeii Church	Holy Hour - 8:30-9:30am in Our Lady of Pompeii Church
TUESDAY, NOVEMBER 21	TUESDAY, NOVEMBER 28
Bible Study - 7:00pm on Zoom  Contact Christine Sandford at 203-469-7823	Bible Study - 7:00pm on Zoom Contact Christine Sandford at 203-469-7823
Rosary Group - 8:00 pm on Zoom Contact Sally Mucka at 203-469-0764 ext. 8	Rosary Group - 8:00 pm on Zoom Contact Sally Mucka at 203-469-0764 ext. 8
WEDNESDAY, NOVEMBER 22	WEDNESDAY, NOVEMBER 29
<b>Bible Study</b> - 6:30pm at SVDP Parish Office <b>Contact Marie Connors at 203-468-1184</b>	Bible Study - 6:30pm at SVDP Parish Office Contact Marie Connors at 203-468-1184
Rosary Group - 8:00 pm on Zoom Contact Sally Mucka at 203-469-0764 ext. 8	Rosary Group - 8:00 pm on Zoom Contact Sally Mucka at 203-469-0764 ext. 8
THURSDAY, NOVEMBER 23	THURSDAY, NOVEMBER 30
Scriptural Rosary - 6:00pm at OLOP Chapel Contact Sally Mucka at 203-469-0764 ext. 8	Scriptural Rosary - 6:00pm at OLOP Chapel Contact Sally Mucka at 203-469-0764 ext. 8
FRIDAY, NOVEMBER 24	FRIDAY, DECEMBER 1
Rosary Group - 8:00 pm on Zoom	Prayer Shawl - 1:00-3:00pm at OLOP LOMR
Contact Sally Mucka at 203-469-0764 ext. 8	Rosary Group - 8:00 pm on Zoom Contact Sally Mucka at 203-469-0764 ext. 8
SATURDAY, NOVEMBER 25	SATURDAY, DECEMBER 2
Men's Group - 7:30am-9:00am at SVDP Parish Center	Men's Group - 7:30am-9:00am at SVDP Parish Center



## The Candles burn this week for these special intentions:

## **Our Lady of Pompeii Candles**

Sanctuary Lamp (Right Side) ~ In Memory of Billy Richmond & For All the Souls in Purgatory Sanctuary Lamp (Left Side) ~ In Memory of the Mauro & Elko Families Chapel ~ Sacred Heart of Jesus ~

Sacred Heart of Jesus ~ Our Lady of Perpetual Help Icon ~ Pascal Candle ~ Fr. John Lavorgna

## St. Vincent de Paul Candles

Sanctuary Lamp (Right Side) ~ In Memory of the Balzano & Avitable Families Sanctuary Lamp (Left Side) - In Memory of Ronald Paolillo Our Lady's Altar ~ St. Joseph's Altar ~ Pascal Candle ~ Barbara & Maurice Connolly

## St. Bernadette Candles

Sanctuary Lamp (Right Side) ~ Sanctuary Lamp (Left Side) ~ Pascal Candle ~ Harold Donegan

## PRAY FOR THE SICK OF OUR PARISH

Nick Vessicchio, Sally Ann Fallon, Lynette Ely, David T. Boyle, Richard Lucibello, Carmel Ferretti, Bryan Surprenant, Sharon Spadacenta, Marie Zambrano, Helen Langello, Brian Savo, Gerry Andrea, Alan Poirier, Connie Rasimas, Jane Pyka, Harry Clark, Lou DiNola, Geraldine Licciardi, Joseph Anyzeski, Fran Sofo, Elizabeth Kuen, Deborah Sanning, Paula Ferrara, Tina Marie Fionia, Joseph Parise, Frank DelGrego, Moira Ferguson, Danielle Joubert, Frances Polaski, Pauline Condon, Rose Anna Izzo, Angelo DeMatteo, Patricia Aulenti, Michael Pascale, Alyce Richmond, Mark Schettino, Patty DiMilo, Rose Rogalski, Elaine Smith, Karen Rescigno, Virginia Pisano, DJ DiVincenzo, Sgt. Anthony Rybaruk, Philip & Sally DeMilo, Anna Concelmo, Anna Marie Nappi, Brian Higney, Rich Tortora, Denise Bailey, Joseph Peterson, Marion Mahl, Paula Ruddock, Pamela Willis, Laura Luzzi, Brian Wilson, Maureen Redmond, Kristianne Argentino, Shirley Perrelli, Bill Izzo, Andrew & Catherine Criscuolo, Patricia Miles, Joe Coscia, Deborah Verab, Dona Marie, Christina Meoli, Michelle Smith, Ron Mattei, Angela Riccio, Charlene Tantalo, Al Forgione, Gabriella Garrity, Beverly Fucci, W.D. Merkle, Phyllis Anastasio, Cheryl Barbara, Laura-Phyllis Esposito, Diana Vitelli O'Brien, Meghan Keeney, Gennaro Milone, Jo Vuolo, Felicia DeRoche, Mike Barnett, Richard Costanzo, Carole & Frank Casapulla, Michael Bowen, Linda Montone, Mary Diamante, Carol Esposito, Fred & Barbara Brow, Christopher Farrell, Roberta Sanders-Gray, Jeannette Winston, Marilyn Sisson, Ryder Feeley, Theodore Siwinski, Michael Enders, Nicholas Cerillo, Edwina Cinque, Rudolph Pohlman, Linda Esposito, Renee Flynn, The Cooper Family, Lynn Ely, Ethan Roche, Frances Graney, Barbara Kapusta, Megan Maturo, Rose Paula Dziedulonis, Taras Mychajlowskyj, Denise Steiner, Mary Ann Anastasio, Gloribeth R., Stacie Bouchard, Al Sappinetti, Guy Racino, Michael Polaski, Martha Catel, Eddie Villecco, Isaiah Colville, Jennie Nazario, Joan Proto, Caitlin Rustic, Michael Filion, John Torello, Mauro Antonio Bezanilla, Matteo Criscuolo, Robert Filion, Lucy Carbone, Dorene Izzo, Lucille Palange, Carmine Riccitelli, Sr., Louise Amato, Mark Houston, Avery Bye, Alex Bernaitis, Vincent Pisano, Ann Hamilton, Barbara Bellucci, Michael Bulger, Joseph Bonie, Mary Katherine Hart, Billy Carr, Andrea Pepe, Anna Sabatino, Audrey Elder, Theresa Polio, Mike Liso, John Mongillo, Sr., Bill Morrison, Juan & Family, Vern Kelly, Barbara Corso, Terrence King, Monica Cantore, Fr. Lawrence Boch, Antoinette Comiskey, Diane DiLungo, Frances 'Jean' Massimino

Please send prayer requests to stpioofpietrelcina@gmail.com so that our parishioners and friends can be remembered in our prayers.

## Midnight Run Taylor Avenue Campus

The Midnight Run for **December** is the **2nd Monday**, which is **December 11th.** Donations of brown bag lunches, water, juice boxes and toiletries are appreciated. These donations can be dropped off to Sue Stacey's home, 82 Forbes Place, up until 7pm on **Monday, December 11th.** Thank you and God bless you for all donations. Stay safe & well.

## Midnight Run Foxon Road Campus

On the last Monday of each month, we bring 75 bagged lunches to the Columbus House Overflow Shelter.

## **Donations Needed:**

ShopRite Gift Cards or Gallon Size Ziploc Bags Quart Size Ziploc Bags Peanut Butter & Jelly Juice Pouches Raisin Boxes Fruit Cups & Pudding Cups Granola Bars

Individual Packaged Cookies, Crackers or Chips

We are also looking for small amounts or full skeins of yarn, it will be used to make hats and scarves for the midnight run. Please leave your donations at any entrance of the church. Thank you.

Midnight Run is the **LAST** Monday of **EVERY** month from Our Lady of Pompeii Church from 6-7 pm. Thank-you for being so generous!



**St. Bernadette Food Pantry** located at the East Shore Senior Center is open every Saturday from 10:00am-11:00am. We are always in need of non-perishable foods. Top choices are, canned: tomatoes, tomato sauce,

vegetables, tuna fish, soups and fruits. Pasta, mac & cheese and peanut butter. Consumption guidelines provided to us from the CT Food Bank: Expiration/Code Date Extensions past expiration: high acid foods (i.e. tomatoes) 12-18 months. Low acid foods (canned meat, most vegetables) 2-5 years. Food in jars, 12 months past expiration, dry cereal 6-12 months, rice/pasta (dry) 1year. Questions, please contact Deb or Rico at 203-468-7489



THE EAST HAVEN FOOD PANTRY is asking for cereal, canned vegetables and tuna the month of October. Please leave your donations of food at the church entrances.

The Food Pantry will be open from 9:00am-11:00am on Saturdays & Tuesdays for East Haven residents.

The Food Pantry is looking for volunteers to deliver to one homebound senior in their neighborhood twice a month, if you are able to please call Christine at the below number.

For more info call Christine Sandford 203-469-7823

## From the Pastor's Pen

Reverend Jeremiah N. Murasso, Ph.D., Ed.D., Psy.D.

Discipleship: Humility, Kindness and Love:

A Second Look

Matthew 23:1-12

In the gospel account for the thirty-first Sunday in ordinary time, two weeks ago, we listened as Jesus told us that "the humbled shall be exalted and the exalted shall be humbled" (Matthew 23: 1-12). It is worth taking a second look at the message of Jesus to his listeners.

Too often we mistake the virtue of humility for meekness. Although the Greek (*praus*), which means meek can also refer to the virtue of humility, neither virtue suggest submissiveness.



The notion of *meekness* is not very honorable in our society because it suggests the idea of weakness, timidity or submissiveness. A meek person is pictured as one who is subservient and unproductive. The English word meek (*praus* in Greek) used by Matthew in the *Beatitudes* is also used by Aristotle in his *Nicomachean Ethics*, and who on the contrary, did not view *meekness* as a weakness of man's character. Aristotle describes meekness as the *balance* between excessive anger and excessive passivity.

## Anger vs. Passivity

The medium between anger and passivity is understood as meekness. According to Aristotle, there is a correct time for exhibiting anger and a wrong time for doing so. Aristotle describes anger toward a perceived injustice as an example of acceptable anger so long as one does not turn this anger into violent behavior. In the Beatitudes, Jesus tells his listeners that the blessed are those who are always angry at the right time and never angry at the wrong time.



When a person is in control of his/her emotions, he/she acts rationally, rather than impulsively. Therefore, the meek individual is one who has *mastered control* over his/her impulses. In other words, just because I feel something, does not mean that I have to act upon it...*at least* not until I have thought about the consequences.

Blessed is he/she who is self-controlled. Yet, self-control is beyond human capacity. To be self-controlled is a blessing because it is a gift from God. The Greek word praus also means "humility." Jesus is saying, Blessed are they who are humble enough to recognize their own weaknesses, and who possess the strength to seek after righteousness. Meekness and gentleness will enable the disciple of Jesus to inherit the earth.

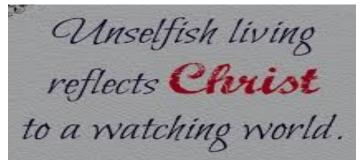
St. Luke's gospel account (14:1-14), the evangelist records Jesus' parable about the guests and the seating arrangement around the banquet table. Jesus notices that as the guests were arriving in haste, they were attempting to seat themselves at the places of honor. Jesus continues by telling those invited that they should not presume that the host wanted them in places of honor.



Rather, it would be far more honorable if these individuals presumed to be seated in *less prestigious* places around the table. In this way, should the host want them to sit in a more prominent place, not only would they avoid embarrassment for mistakenly chosing a place of honor but indeed, they would have the esteem of the other guests when they were moved higher.

Jesus then turns to the host and instead of complimenting him about his dinner party, he calls the host to task and at the same time, Jesus presents him with a challenge. Jesus tells the host it would be far better had he invited individuals who did not have political or religious status in the community because such individuals could and would reciprocate. Rather, it would be far nobler had the host invited those who could *not* repay the host.

"Rather, when you hold a banquet, invite the poor, the crippled, the lame and the blind. And you will be blessed because they cannot repay you, for you will be repaid at the resurrection of the righteous" (Luke 14: 13-14).



The man, and consequently the *true* disciple of Jesus will be *blessed* when he/she extends an invitation to those in society who do not have the financial means for repayment or for a reciprocal invitation such as the "the poor, the crippled, the lame or the blind" (Luke 14:13) because in doing so, the host will truly be numbered among the "blessed." This parable is a lesson on the virtue of humility. True humility means placing oneself at the service of another without expecting something in return.

Unlike the Jewish society of Jesus' time there is no caste system in the kingdom of God. No one person is more worthy or more important than another. Yet, the nobler and the more *blessed* is he/she who relates to another from the heart, recognizing the dignity that each brings to the table of the Lord.

## Saint Teresa of Calcutta



Mother Teresa has this to say about humility in *The Joy of Loving: A Guide to Daily Living*.

"These are the few ways we can practice humility:

- ♦ To speak as little as possible of one's self or about one's achievements.
- ♦ To mind one's own business. Not to want to manage other people's affairs.
- ♦ To avoid nosiness and becoming involved in idle or slanderous conversation.
- ◆ *To accept contradictions and correction cheerfully.*
- ♦ To pass over the mistakes of others.
- ♦ To accept insults and injuries.
- ♦ To accept being slighted, forgotten and disliked by others
- ♦ To be kind and gentle even under provocation. Never to stand on one's dignity.
- ♦ To choose always the hardest path."

## **Humility and Acceptance**

Perhaps this is the message that Jesus is trying to convey, not only to the listeners of his day but perhaps, also to his twenty-first century disciples. The parable in Luke's gospel account as we well know is not about the proper seating etiquette at parties, or who should or should not be included on the guest list. The purpose of the parable is to teach disciples then and now about the qualities of *Discipleship*: humility, kindness, acceptance of others and unconditional love (agape).

"Brothers and sisters, strive as you will eagerly for the greatest spiritual gifts. But I will show you a still more <u>excellent</u> way." (I Corinthians 12:31-13:13).

The "more excellent way" about which St. Paul writes is the way of Love. The message that Paul is sending to his listeners is the same message that Jesus gives in Luke 14. The true and authentic disciple is characterized by his Love for others.... unconditionally. Without love, a person accomplishes nothing in life; nothing that is upright and true. St. Paul lists the ingredients or characteristics of love.

"Love is patient, love is kind, it's not jealous, it is not pompous, it is not inflated, it is never rude, it does not seek its own interests, it is not quick-tempered, it does not brood over injury, nor does it rejoice over wrongdoings, but love rejoices with the truth. Love bears all things, it hopes all things, and it endures all things" (I Corinthians 12:31-13:13).

## LOVE IS PATIENT, LOVE IS KIND. IT DOES NOT ENVY, IT DOES NOT BOAST, IT IS NOT PROUD. - I CORINTHIANS 13:4

## Is Paul Correct?

Paul makes it sound so simple. Yet, as we look at our society; a society too often riddled with discontent, sadness and violence, we seldom see individuals who demonstrate the kind of love (agape) about which Paul speaks. When we happen to catch a glimpse of love in action, from time-to-time...or hear about love, all too often...it is associated with that soap opera image of a love that seeks only pleasure, and is short-lived.

When understanding the meaning of the scriptures, the English language is far too limited. This is especially true with the definition of love. In the English language, the word love comes from Germanic forms of the Sanskrit *lubh*, which means *desire*. The Greeks used three words to describe *Love: eros, philia* and *agape*. What do they all mean, and which word did Paul use in the above passage?

<u>Eros</u> is what Aristotle refers to as the lowest form of love, a love "brute-like or base." Eros or erotic love is associated with sexual desire or lust. Plato, unlike Aristotle associates eros with the passionate desire or the intense desire that *inspires* one to seek Truth.

<u>Philia</u> is the second kind of love found in the Greek language. Philia refers to a kind of mutual admiration or loyalty that results from a close relationship or friendship. Philia is that type of love that can be associated with respect, charity and altruistic kinds of behaviors that are actualized out of a duty for doing good works.

Agape is the highest and the most admirable form of love. Agape is unconditional acceptance for another. It is everything that philia is and more. Agape is the perfect kind of love...because it is this kind of love that is characterized with *selflessness*, and *self-sacrificing* behaviors with absolutely no expectation of a repayment. Agape drives one to serve the needs of another human being without hidden agendas or expectation for repayment. It is the kind of love that is received without merit and totally unearned.



Agape is the kind of love that characterizes God's relationship with his sons and daughters. This is the kind of love that led Jesus to the cross. This is the kind of love about which St. Paul writes. This is the kind of love that Jesus speaks about in Luke 14 which underlies the virtue of humility, which is a major pre-requisite for Discipleship.

"Love never fails," says St. Paul. Such a strong statement and he sounds so certain. Yet, are we not as certain that love does fail each time we witness man's inhumanity toward man, each time a marriage fails, each time a child is abused or neglected, each time a hate crime is committed against another human being, each time God is left out of his creation?

Could it be that Paul was naive with regard to love gone bad? Or could it be that Paul lived in a perfect society? Neither of course is true. It is correct to say, however, that failed-love and loveless relationships result from a situation or an experience in which true love (agape,) never really existed. The type of love that lasts is that type of love that is unconditional, selfless, and never expects repayment. It is the kind of love that keeps giving even when it hurts to give. It's the kind of love that is never misunderstood for passionate or erotic love. It is the type of love that seeks only to build up, create, heal and perfect. It is love that characterizes Jesus's ministry of mercy and his hope for those who claim to be his followers.

The parable of the "Invited Guests" and the "Host" (Luke 14:1-14), and Paul's teaching on Love (I Corinthians 12:31-13:13) provide each of us with an invitation as well as a challenge to seek after that type of love (agape) in our lives that will enable us to experience true and lasting happiness. True, authentic love asks for nothing in return and in its demonstration brings peace to man's soul; a peace about which our world knows nothing.

It is a daily challenge for men and women of faith <u>not</u> to settle for those aspects of life that lead to compromise and complacency. Each must diligently strive to live the gospel message, and to become an extension of the *Risen Lord* who lives within each of us. We are called to imitate and to demonstrate that type of love (*agape*) that is creative, healing, positive and above all...lasting. Unlike the highest form of human love, whereby man seeks self-perfection in what is noble and spiritual, *agape* comes from God and is given to all of us through Jesus.

## Tim McGraw



I think that Tim McGraw's song on being *Humble and Kind* sums up Jesus' teaching on humility and at the same time challenges men and women of faith to take a serious inventory of their relationships with others.

## **Humble and Kind Lyrics**

You know there's a light that glows by the front door;
Don't forget the key's under the mat;
Childhood stars shine, always stay humble and kind;
Go to church 'cause your momma says to;
Visit grandpa every chance that you can;
It won't be wasted time, always stay humble and kind.

Hold the door, say please, say thank you;
Don't steal, don't cheat, and don't lie;
I know you got mountains to climb but
Always stay humble and kind.
When the dreams you're dreamin' come to you,
When the work you put in is realized,
Let yourself feel the pride but
Always stay humble and kind.

Don't expect a free ride from no one;
Don't hold a grudge or a chip and here's why:
Bitterness keeps you from flyin;'
Always stay humble and kind.
Know the difference between sleeping with someone and sleeping with someone you love;

"I love you" ain't no pick up line so always stay humble and kind.

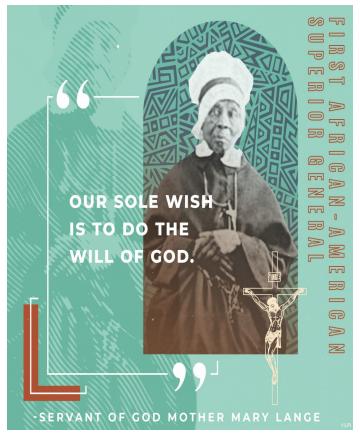
Hold the door, say please, say thank you;
Don't steal, don't cheat, and don't lie.
I know you got mountains to climb but
Always stay humble and kind.
When those dreams you're dreamin' come to you;
When the work you put in is realized,
Let yourself feel the pride but always stay humble and kind.

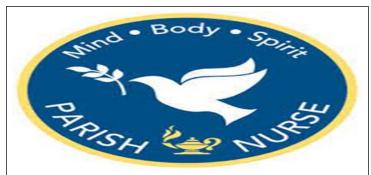
When it's hot, eat a root beer popsicle;
Shut off the AC and roll the windows down;
Let that summer sun shine;
Always stay humble and kind.
Don't take for granted the love this life gives you;
When you get where you're goin,
Don't forget turn back around;
And help the next one in line,
Always stay humble and kind.

(Lyrics taken from (http://www.elyrics.net/read/t/tim-mcGraw-lyrics/humble-and-kind-lyrics.html)

Be strong, but not rude.
Be kind, but not weak.
Be bold, but don't bully.
Be humble, but not shy.
Be confident, but not arrogant.

What great wisdom to live by and to teach our children also to live by. Is this not what Jesus teaches his disciples? Just think what a difference each of us could make in our home, in our workplace, in our classroom, in our parish and in our relationship with Jesus. Are you humble and kind? JNM





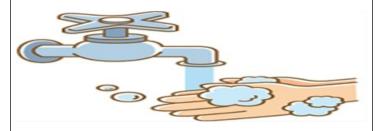
From the Pen of the Parish Nurse Kimberly Petrillo, R.N.

## Coughing, Sneezing and Spreading Germs

Tis the season! This is the time of the year when respiratory illnesses occur and can spread quickly. Heading into the colder weather, windows are now closed and the heat is turned on to provide warmth. With windows being shut, it becomes more difficult to get fresh, circulating air, which can help to reduce the risk of developing respiratory viruses that include COVID-19 and influenza.



Many diseases can be prevented and/or controlled through appropriate personal hygiene and by regularly washing parts of the body and hair with soap and water. Good body-washing practices can prevent the spread of hygiene-related diseases.



Handwashing, for example is one of the best ways to protect oneself and others from spreading germs and becoming sick.

## Germs

What exactly are germs? Germs are microorganisms or microbes that can cause disease. They are living things that exist all around us in our environment. Germs are in the air, water and soil. They are on plants, animals and food. Germs are on the surfaces and objects that are touched. They are also in the body and on the skin.



Germs are a part of daily life. Some germs are harmless and even helpful. There are germs that are harmful and when they spread to a person or from person to person, they can make one sick. The four main types of germs are bacteria, viruses, fungi and protozoa.

## **How Germs Spread**

Washing hands can keep the body healthy and prevent the spread of respiratory and diarrheal infections. Germs can spread from person to person or from surfaces to people when a person:

- 1. Touches the eyes, nose and mouth with unwashed hands.
- 2. Prepares or eats food and drink with unwashed hands.
- 3. Touches surfaces or objects that have germs on them.
- 4.Blows the nose, coughs or sneezes into the hands and then touches other people's hands or common objects.
- 5. Inhaling after someone with the germ sneezes or coughs.
- **6.**Touching or having close contact with someone who has the germ. This can include hugging, kissing or sharing utensils.
- 7.Germs may also spread from:
- 8. Animal and insect bites.
- 9. Mother to baby during pregnancy or childbirth.
- 10. Contaminated soil, plants, food or water.

## **Lifespan of Germs**

How long do germs live on surfaces?

Germs can live on surfaces from minutes to months, depending on several factors. These factors include:

- 1. The germ, the type of germ that it is, i.e., bacterium, virus, fungus or protozoan?
- 2. The volume or the magnitude of the germ that it occupies and remains on the surface.
- 3. The kind of surface occupied by the germs, i.e., soft surface (porous) or hard surface (nonporous).
- 4. The environment or the temperature/ humidity in the area will determine how long the germ will survive.

# COVER YOUR COUGH Stop the spread of germs! Use a tissue to cover your cough or sneeze when you cough or sneeze Throw your tissue in the waste basket.

Viruses typically live longer on stainless steel, plastic and other non-porous surfaces than on fabric, tissue and other porous surfaces. Cold germs can live on surfaces for up to one week; however, they lose their effectiveness after the first 24 hours. Cold germs on the hands can live for up to one hour. The influenza (flu) virus can live for up to 24 to 48 hours on hard surfaces. The coronavirus can live from a few hours to a few days.

Bacteria such as E. Coli and Salmonella may only live for 20 minutes but can live for up to four hours on hard surfaces. Clostridium difficile (C. diff) can last for up to five months on hard surfaces.

## **Prevention**

What is the best way to prevent the spread of germs? There are many ways to prevent the spreading of germs. The best and most effective way is to wash hands with soap and hot water for at least 20 seconds. high temperatures kill most germs. Washing hands in cold water, while it helps to get rid of excess dirt, it does not kill the germs.



Other ways to prevent the spread of germs include: 1. Carrying hand sanitizers that contain at least 70% isopropyl alcohol. This works well if there is no

access to soap and water.

2. Sneezing or coughing into the elbow or covering the nose or mouth with a tissue.

- 3. Staying at home when sick.
- 4.Practicing good food handling when cooking or storing food.
- 5. Frequently cleaning and disinfecting surfaces and objects that are touched often.

Without a doubt, covering coughs and sneezes and keeping hands clean can help prevent the spread of serious respiratory illnesses like influenza, respiratory syncytial virus (RSV), whooping cough and COVID-19.

Germs can be easily spread by:

Coughing, sneezing or talking, touching the face with unwashed hands after touching contaminated surfaces or objects and/or touching surfaces or objects that may be frequently touched by other people.

To help stop the spread of germs:

- 1.Cover the mouth, nose with a tissue when coughing or sneezing.
- 2.Discard used tissues in the trash.
- 3.If a tissue is not available, cough or sneeze into the elbow, not into your hands.
- 4.REMEMBER TO IMMEDIATELY WASH HANDS AFTER BLOWING THE NOSE, COUGHING OR SNEEZING.

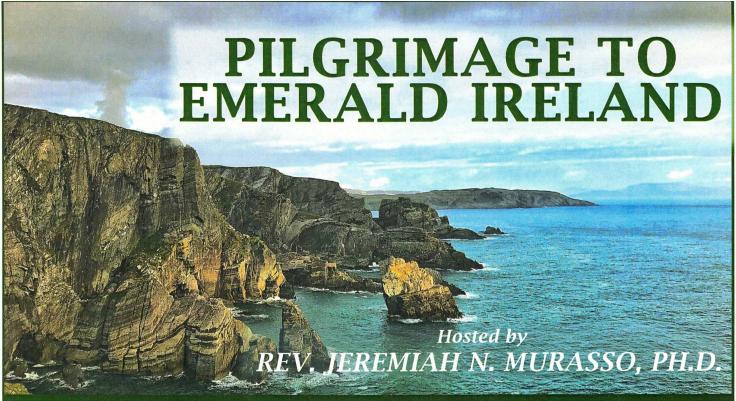


During this time of the year, with viruses lurking in the air and on surfaces be prepared. Keep clean tissues in your pocket and carry hand sanitizer for times when soap and water are not available. Gathering in the church setting for Mass where there are larger groups of people in attendance, it is important to be vigilant about practicing good hand hygiene and covering the nose and mouth with a tissue when coughing or sneezing.

This will decrease the risk of spreading harmful germs to others and making them more susceptible to respiratory illnesses.

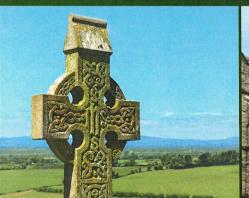
Recently, some people have asked me to comment on the RSV vaccine. This is a newer vaccine and I suggest that as with any vaccine, people should speak with the healthcare provider or pharmacist about the benefits, risks and side effects of any vaccine. Your healthcare provider knows your medical history and will advise accordingly. Stay Healthy! **KP** 

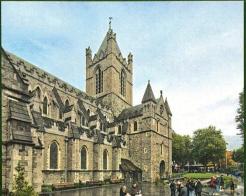
Parish nurse can be contacted via email <u>kimp51@comast.net</u> or mobile 203-980-0931. Health counseling available by appointment. Suggestions for health articles welcomed.



11 DAYS: AUGUST 12 - 22, 2024

WATERFORD \* KILLARNEY \* CLIFFS OF MOHER GALWAY \* CONNEMARA \* KNOCK \* SLIGO \* DUBLIN







## \$4199 FROM NEW YORK\*

(\*Air/land tour price is \$3699 plus \$500 gov't taxes/airline surcharges)

## FOR A BROCHURE WITH COMPLETE DETAILS, PLEASE CONTACT OR DETACH & MAIL TO:

Reverend Jeremiah N. Murasso, Ph.D. St. Pio of Pietrelcina Parish 355 Foxon Road East Haven, CT 06513

Tel: (860) 977-7675

Email: jeremiah.murasso@aol.com

NAME: \_\_\_\_\_\_ADDRESS:

CITY:

STATE: ZIPCODE:

PHONE:

EMAIL:

NAWAS INTERNATIONAL TRAVEL, INC.

FR. MURASSO'S MESSAGE BOARD

# IMPORTANT INFORMATION Ecumenical Thanksgiving Service

Saint Pio of Pietrelcina Parish will once again this year participate in an Ecumenical Thanksgiving Service on Tuesday, November 21 at 7:00pm at Christ and the Epiphany Church.

Please plan on attending this service as we come together to give thanks to God for his many blessings.



The East Haven Food Pantry needs our help for Thanksgiving. Their needs include: STUFFING, YAMS AND CRANBERRY SAUCE.

\*\*\*\*\*\* \*\*\*\*\*\* \*\*\*\*\*\*



**ALL SOUL ENVELOPES** 

All Souls Remembrance Envelopes will be placed on the altars in our three churches throughout the month of November. Envelopes may be placed in the collection basket.



Thursday, November 23 8:00am OLOP 9:00am SB



Friday, December 1, is World Aids Awareness, commemorated throughout the month of December. We pray for all those who continue to be victims of this virus and that someday soon a cure will be found.

## **FAMILY MASS**



DECEMBER 3 @ 9:00am AT SAINT VINCENT DE PAUL





Immaculate Conception
Holy Day of Obligation
Friday, December 8



Holy Day Masses
OLOP: 8:00am & 6:00pm
SVDP: 12:15 noon
SB: 9:00am

## **LIVING NATIVITY**



The Religious Education Students will present a Living Nativity

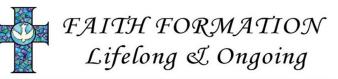
Friday, December 15 @ 6:30pm In Saint Vincent de Paul Church. Refreshments & Family Activities to follow in the SVDP Church hall.

\*\*\*\*\*\* \*\*\*\*\*\* \*\*\*\*\*\*



LESSONS & CAROLS
SUNDAY, December 17 @ 2:00pm
at Our Lady of Pompeii Church





## DO YOU KNOW SOMEONE WHO...?

- •Has expressed an interest in becoming Catholic?
- •Has a child over the age of seven who has not been baptized?
- •Was baptized Catholic as a child, but has not celebrated the Sacraments of Confirmation and/or Eucharist?
- •Or do you just want to learn more about our faith and help spread "The GOOD NEWS of Jesus Christ?"

Join us on Sundays after the 10:00 am Mass at OLOP and share your faith story with us.

For more information contact:

Sally Mucka 203-415-2710 or saintpio.rcia@gmail.com

Ladies Guild Christmas Party

December 11\*
6:00 pm Our Lady of Pompeii Hall
Non-Members Welcomed!

## Catered by:



## **Entertainment by:**



Rich DiPalma

Price: \$30.00 per Ticket

To Purchase your ticket Call: Barbara Piscitelli (203) 562-7424 or Maryann DiPalma (203) 239-6037

Bring a \$10 GRAB BAG if you would like to Participate.

50/50 Raffle and Door Prizes 3 - \$25 Gift Cards



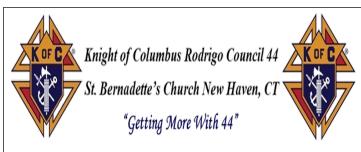
2023 Ladies Guild Christmas fair!

A wonderful tradition run by Nettie Picone for over 50 years..I am truly blessed every year to continue in her honor... Heartfelt appreciation and thanks to all the hardworking volunteers who run our tables year after year .. thanks to those who made crafts, cakes, candy and made donations to our many tables. A special thank you to Santa... Thank you to Patti for organizing our Main Raffle.. Joe, Dawn and Debbie, our kitchen staff for the delicious food. The K of C who help us set up and clean up every year. Rob and John for all your help, as always.

Our parish is truly blessed with amazing people.. Be on the look out for info on 2024 Christmas Fair... God Bless.

Gina

Fair Chairperson



Knights of Columbus Rodrigo Council 44 of St. Pio of Pietrelcina Parish St. Bernadette Campus is now selling tickets for the 2024 300

Rodrigo Council Members, St. Pio of Pietrelcina Parish and friends, the Knights of Columbus Rodrigo Council #44 is offering an opportunity to join. our annual 300 club. The club will run from January 2024 to December 2024. Four winning numbers will be drawn each month for twelve (12) months.

> FIRST NUMBER wins \$150.00 SECOND NUMBER wins \$100.00 THIRD NUMBER wins \$75.00 FOURTH NUMBER wins \$50.00

One Grand Prize of \$1000.00 will be drawn in December 2024

Tickets for membership is limited to 300. **YOU MUST BE IN IT TO WIN IT!** 

The cost of membership is \$50.00.

PLEASE MAKE CHECKS PAYABLE TO KNIGHTS OF COLUMBUS RODRIGO COUNCIL #44

PROCEEDS FROM THIS PROGRAM WILL BENEFIT OUR COUNCIL'S CHARITABLE DONATIONS TO ST. PIO OF PIETRELCINA PARISH COMMUNITY, OUR COMMUNITY IN GENERAL AND THOSE IN NEED.

Payment must be made at the time of number selection. Only 1 entry per form.

Name:		
Addres	s:	
Phone:	emai	l:
Cash:_	Check:	Check #:
1st Choice 2nd Choice		

## The Catholic community of ST. PIO OF PIETRELCINA

Our Lady of Pompeii, St. Vincent de Paul & St Bernadette Church

St. Pio of Pietrelcina Parish is proud to partner with Ferraro's Market for our Ferraro's Gift Card Fundraiser Program



Ferraro Gift Cards may be purchased or ordered in the following denominations:

\$25.00 \$50.00 \$100.00

Other denominations may be purchased by order only.
Our parish will receive 10% commission on all sales.
What better gift than the gift of food for that special
occasion or for someone in need!



Ordering and purchasing of Gift Cards is available after Masses at all three churches

\*\*\*\*\*\*\*\*

Name		
Phone		
E-Mail		
Card Amount:		
S25.00 - Number of Cards		
850.00 - Number of Cards		
S100.00 - Number of Cards		
241		
Other Amount	Numbers of Cards	
	_ Numbers of Cards	
COTAL DUDGUAGE		
TOTAL PURCHASE		
FOR FURTHER INFO CONTACT:		
Mike Fimiani 203 627 9216		



## SHOPPING CARDS STILL NEEDED

With the holidays coming up, the food prices continue to rise, several of our parishioners are having trouble buying food as they struggle to purchase other household necessities and pay for rent and utilities.

Grocery Shopping cards in any denomination to any of the local supermarkets would help me help members of our parish family, who are need of assistance for the purchase of food. These gift/shopping cards can be dropped into the collection basket or brought to the parish office. Whatever you can do, is greatly appreciated. Thank you in advance. JNM



St. Pio of Pietrelcina Parish Knights of Columbus #3300 Stuff a Truck

Saturday, November 18<sup>th</sup> 8:00am to 4:00pm Sunday, November 19th 7:30am to 12:00pm

Non - Perishable Food Items & Cash Donations will be accepted

Our Lady of Pompeii Church Parking Lot

Look for the BIG White Truck and at St. Vincent's at Masses

> To Benefit the East Haven Food Pantry

Questions Call Joe at 203-887-2137



## MASS SCHEDULE

November 18 & 19, 2023

4:00pm OLOP: Fr. Patrick 4:30pm SVDP: Fr. Murasso 8:00am OLOP: Fr. Borino 9:00am SB: Fr. Murasso 10:00am OLOP: Fr. Patrick 11:15am SVDP: Fr. Murasso \*\*\*\*\* \*\*\*\*\* \*\*\*\*\*



Thanksgiving, November 23 8:00am OLOP 9:00am SB

\*\*\*\*\* \*\*\*\*\* \*\*\*\*\*

November 25 & 26, 2023

4:00pm OLOP: Fr. Murasso 4:30pm SVDP: Fr. Patrick 8:00am OLOP: Fr. Borino 9:00am SB: Fr. Patrick 10:00am OLOP: Fr. Murasso

11:15am SVDP: Fr. Patrick

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December 2 & 3, 2023

4:00pm OLOP: Fr. Patrick 4:30pm SVDP: Fr. Murasso 8:00am OLOP: Fr. Murasso 9:00am SB: Fr. Borino 9:00am SVDP: Fr. Patrick

**FAMILY Mass** 10:00am OLOP: Murasso

11:15am SVDP: Fr. Patrick \*\*\*\*\* \*\*\*\*\* \*\*\*\*\*

December 9 & 10, 2023

4:00pm OLOP: Fr. Patrick 4:30pm SVDP: Fr. Murasso 8:00am OLOP: Fr. Borino 9:00am SB: Fr. Murasso 10:00am OLOP: Fr. Patrick 11:15am SVDP: Fr. Murasso