**A Sacred Space**

Creating a sacred space at home will give your family a gathering space where you all can come together in faith and sharing. It can be a table..a corner…a shelf….or a room…whatever you feel moved to do. Each family member should bring something of his or her own to the space. Something special that represents faith…God. ..Jesus. You can include a bible or statue, but it can also be everyday items that allow you to feel the presence of God…something that stirs within you and awakens your faith. The look of this space can change and grow as each family member feels that need. Items specific to the different church seasons..Advent..Christmas ..Lent…Easter should be added to the space. Other items that represent the change of seasons…fall, winter, spring and summer, where we witness the beauty and wonder of God’s creations can also be added as you all see fit. You can make this space unique to your family. Use your creativity and listen to your heart and allow our Lord Jesus to speak to you to help you take this journey as a family. Choose a time…daily..weekly ..to meet in your space and say a prayer together and then take time to share why each person has chosen his or her item to add to the space and what it means. I will be sending some scripture along to all of you to add to your prayer if you want use it. If you have a bible in your space…choose a passage to read…what a great way to learn the bible together!

In these still very uncertain, socially distant, mask wearing times that we are still in, a close personal relationship with our Lord Jesus, our Blessed Mother and God the Father will give us grace and strength to help us through. A strong faith foundation at home is the best gift we can give to our children. Pray together, make time to begin the day with prayer, end the day with prayer, pray before meals…just take a moment to add this to a daily routine. As we begin this new program in this new way, please participate fully so that, as a family, you can make this spiritual journey together.

I have included a way to start your space..a family cross. See the link below this one The instructions are just a guide…suggestions to help you get started…its all up to you and your family on how to create.